

# St. Mary the Virgin Anglican Catholic Parish

Oakwood Memorial Park • 22607 Lassen Street  
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<http://www.stmaryanglican.org>

The Right Reverend Anthony F. Rasch, Rector  
The Rev. Deacon John Yeager, Assisting

The Fourth Sunday in Advent  
And Anticipation of the Feast of  
St. Thomas the Apostle (21 Dec)  
18 December 2022



## High Mass

### Lighting of the Fourth Candle of the Advent Wreath

### The Litany or General Supplication

BCP 54

<http://www.stmaryanglican.org/news/wp-content/uploads/2022/03/Litany.pdf>

### Processional

Hymn 7

Bristol

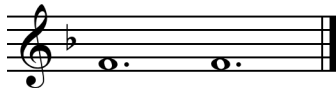
Ravenscroft's Psalter, 1621



1. Hark! the glad sound! the Sa - viour comes, The Sa - viour pro - mised  
2. He comes, the pris - 'ners to re - lease, In Sa - tan's bond - age  
3. He comes, the bro - ken heart to bind, The bleed - ing soul to  
4. Our glad ho - san - nas, Prince of Peace, Thy wel - come shall pro -



long: Let ev - 'ry heart pre - pare a throne, And ev - 'ry voice a song.  
held: The gates of brass be - fore him burst, The i - ron fet - ters yield.  
cure: And with the trea - sures of his grace To en - rich the hum - ble poor.  
claim; And heav'n's e - ter - nal ar - ches ring With thy be - lov - ed Name.



A - men.

Philip Doddridge, 1735, alt.

### Collect for Purity

BCP 67

### Introit

### Summary of the Law

69

### Kyrie Eleison

Hymn 702

John Merbecke, 1549



Lord, have mer - cy up - on us. Christ, have mer - cy up - on us. Lord, have mer - cy up - on us.

### Collect for the Fourth Sunday in Advent

95

O LORD, raise up, we pray thee, thy power, and come among us, and with great might succour us; that whereas, through our sins and wickedness, we are sore let and hindered in running the race that is set before us, thy bountiful grace and mercy may speedily help and deliver us; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be honour and glory, world without end. *Amen.*

### Collect for the Advent Season

90

ALMIGHTY God, give us grace that we may cast away the works of darkness, and put upon us the armour of light, now in the time of this mortal life, in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious majesty to judge both the quick and the dead, we may rise to the life immortal, through him who liveth and reigneth with thee and the Holy Ghost, now and ever. *Amen.*

### Collect for Saint Thomas the Apostle

228

ALMIGHTY and everliving God, who, for the greater confirmation of the faith, didst suffer thy holy Apostle Thomas to be doubtful in thy Son's resurrection; Grant us so perfectly, and without all doubt, to believe in thy Son Jesus Christ, that our faith in thy sight may never be reproved. Hear us, O Lord, through the same Jesus Christ, to whom, with thee and the Holy Ghost, be all honour and glory, now and for evermore. *Amen.*

### The Lesson

#### *Isaiah 40:1=8*

Comfort ye, comfort ye my people, saith your God. Speak ye comfortably to Jerusalem, and cry unto her, that her warfare is accomplished, that her iniquity is pardoned: for she hath received of the LORD'S hand double for all her sins. The voice of him that crieth in the wilderness, Prepare ye the way of the LORD, make straight in the desert a highway for our God. Every valley shall be exalted, and every mountain and hill shall be made low: and the crooked shall be made straight, and the rough places plain: And the glory of the LORD shall be revealed, and all flesh shall see it together: for the mouth of the LORD hath spoken it. The voice said, Cry. And he said, What shall I cry? All flesh is grass, and all the goodliness thereof is as the flower of the field: The grass withereth, the flower fadeth: because the spirit of the Lord bloweth upon it: surely the people is grass. The grass withereth, the flower fadeth: but the word of our God shall stand for ever.

### Benedictus (St. Luke i. 68)

Hymn 640/BCP 14



BLESSED be the Lord God of | Israel; \* for he hath visited and redeemed • his **people**;  
And hath raised up a mighty salvation for us, \* in the house of his | servant **David**;  
As he spake by the mouth of his | holy Prophets, \* which have | been • since the | world began;  
That we should be saved | from our enemies, \* and from the hand of | all that **hate** us.  
To perform the mercy promised to our | **forefathers**, \* and to remember his | holy covenant;

To perform the oath which he sware to our forefather | Abraham, \* that | he would **give** us;  
That we being delivered out of the | hand of • our enemies \* might | serve him • **without** fear;  
In holiness and righteousness before him, \* all the | days of **our** life.  
And thou, child, shalt be called the prophet | of the Highest: \* for thou shalt go before the face of the |  
Lord • to prepare his ways;  
To give knowledge of salvation | unto • his people \* for the remission of their sins,  
Through the tender mercy | of our God; \* whereby the day-spring from on | high hath | visit•ed us;

To give light to them that sit in darkness, and in the | shadow • of death,  
 \* and to guide our feet | into • the way of peace.  
 Glory be to the Father, and | to the Son,  
 and | to the Holy Ghost;  
 As it was in the beginning, is now, and | ever shall be,  
 world without | **end. Amen.**

## The Epistle

### *Philippians 4:4-7*

95

Brethren: REJOICE in the Lord alway: and again I say, Rejoice. Let your moderation be known unto all men. The Lord is at hand. Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

## Gradual and Alleluia

## The Gospel

### *St. John 1:19-28*

95



Glo - ry be to thee, O Lord.

THIS is the record of John, when the Jews sent priests and Levites from Jerusalem to ask him, Who art thou? And he confessed, and denied not; but confessed, I am not the Christ. And they asked him, What then? Art thou Elias? And he saith, I am not. Art thou that prophet? And he answered, No. Then said they unto him, Who art thou? that we may give an answer to them that sent us. What sayest thou of thyself? He said, I am the voice of one crying in the wilderness, Make straight the way of the Lord, as said the prophet Esaias. And they which were sent were of the Pharisees. And they asked him, and said unto him, Why baptizest thou then, if thou be not that Christ, nor Elias, neither that prophet? John answered them, saying, I baptize with water: but there standeth one among you, whom ye know not; he it is, who coming after me is preferred before me, whose shoe's latchet I am not worthy to unloose. These things were done in Bethabara beyond Jordan, where John was baptizing.



Praise - be to thee, O Christ.

## Nicene Creed

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I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

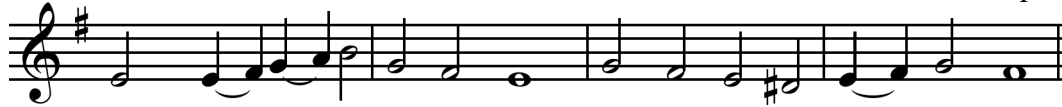
And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man: And was crucified also for us under Pontius Pilate; He suffered and was buried: And the third day he rose again according to the Scriptures: And ascended into heaven, And sitteth on the right hand of the Father: And he shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father and the Son; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism for the remission of sins: And I look for the Resurrection of the dead: And the Life of the world to come. *Amen.*

## Announcements

### Sermon Hymn Aberystwyth

Hymn 440, 2<sup>nd</sup> Tune  
Joseph Parry, 1879



1. Watch-man, tell \_ us of the night, What its signs of pro - mise are.  
2. Watch-man, tell \_ us of the night; High - er yet that star \_ as - cends.  
3. Watch-man, tell \_ us of the night, For the morn-ing seems to dawn.



Trav-'ler, o'er yon moun-tain's height, See that glo - ry - beam - ing star.  
Trav-'ler, bless - ed - ness and light, Peace and truth its course por - tends.  
Trav-'ler, dark - ness takes its flight, Doubt and ter - ror are with-drawn.



Watch-man, does its beau - teous ray Aught of joy or hope fore - tell?  
Watch-man, will its beams a - lone Gild the spot that gave them birth?  
Watch-man, let thy wan - d'rings cease; Hie thee to thy qui - et \_ home.



Trav-'ler, yes; it brings the day, Pro - mised day of Is - ra - el.  
Trav-'ler, a - ges are its own; See, it \_ bursts o'er all the earth.  
Trav-'ler, lo! the Prince of Peace, Lo! the \_ Son of God is come!

John Bowring, 1825

### Sermon

The Rt. Rev. Anthony F. Rasch

### Offertory Verse and Sentences

*Those wishing to receive the Laying on of Hands for Healing, please come forward to the Altar Rail at the beginning of the Offertory Hymn.*

# Offertory Hymn

Veni Emmanuel

Hymn 2

Melody adapted from plainsong, Mode I,  
by Thomas Helmore, 1854



1. O come, O come, Em - man - - u - el,  
2. O come, thou Wis - dom from \_\_\_\_\_ on high,  
3. O come, O come, thou Lord \_\_\_\_\_ of might,  
4. O come, thou Rod of Jes - - se's stem,  
5. O come, thou Key of Da - - vid, come,  
6. O come, thou Day - spring from \_\_\_\_\_ on high,  
7. O come, De - sire of na - - tions, bind



And ran - som cap - tive Is - - ra - el,  
Who ord - 'rest all things might - - i - ly;  
Who to thy tribes on Si - - nai's height  
From eve - ry foe de - li - - ver them  
And o - pen wide our heav'n - - ly home;  
And cheer us by thy draw - - ing night;  
In one the hearts of all \_\_\_\_\_ man - kind;



That mourns in lone - ly ex - - ile here  
To us the path of know - ledge show,  
In an - cient times didst give \_\_\_\_\_ the law,  
That trust thy might - y pow'r \_\_\_\_\_ to save,  
Make safe the way that leads \_\_\_\_\_ on high,  
Dis - perse the gloom - y clouds \_\_\_\_\_ of night,  
Bid thou our sad di - vi - - sions cease,



Un - til the Son of God \_\_\_\_\_ ap - pear.  
And teach us in her ways \_\_\_\_\_ to go.  
In cloud, and ma - jes - ty, \_\_\_\_\_ and awe.  
And give them vict' - ry o'er \_\_\_\_\_ the grave.  
And close the path to mi - - se - ry.  
And death's dark sha - dow put \_\_\_\_\_ to flight.  
And be thy - self our King \_\_\_\_\_ of Peace.



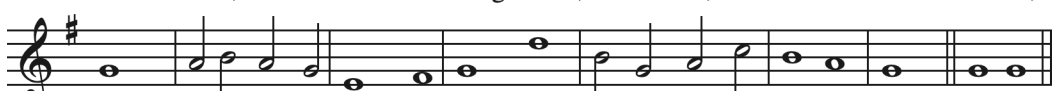
Rejoice! Re-joice! Em-man-u-el Shall come to thee, O Is - ra-el! Amen.

*Hymnal Version*, based on Latin, c. 9<sup>th</sup> cent.; St. 1, 3, 4, 5, 6, pub. Cologne, 1710

## Doxology (Hymnal 139, 1st verse)



Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be - low;



Praise him above, ye heav'n-ly host: Praise Father, Son, and Ho-ly Ghost. Amen.

## Bidding Prayers

## Orate, Fratres

Celebrant: Brethren, pray that my sacrifice and yours may be acceptable to God the Father Almighty.

People: The Lord receive this sacrifice at thy hands, to the praise and glory of his Name; both to our benefit and that of all his holy Church. *Amen.*

## Prayer for the Whole State of Christ's Church

74

## General Confession

75

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

## Absolution

76

## The Comfortable Words

76

## Sursum Corda

76

The musical score for the Sursum Corda prayer is written in G major (one sharp) and 4/4 time. It consists of six staves of music. The first staff is for the Priest, with the lyrics 'The Lord be with you. And with thy spirit.' The second staff is for the Priest, with the lyrics 'Lift up your hearts.' The third staff is for All, with the lyrics 'We lift them up unto the Lord.' The fourth staff is for the Priest, with the lyrics 'Let us give thanks unto our Lord God.' The fifth staff is for All, with the lyrics 'It is meet and right so to do.' The sixth staff is for All, with the lyrics 'It is meet and right so to do.' The music is simple and melodic, with a key signature of one sharp (F#) and a time signature of 4/4. The lyrics are written below the notes, with some words underlined for emphasis.

*Priest* The Lord be with you. And with thy spirit.

*Priest* Lift up your hearts.

*All* We lift them up unto the Lord.

*Priest* Let us give thanks unto our Lord God.

*All* It is meet and right so to do.

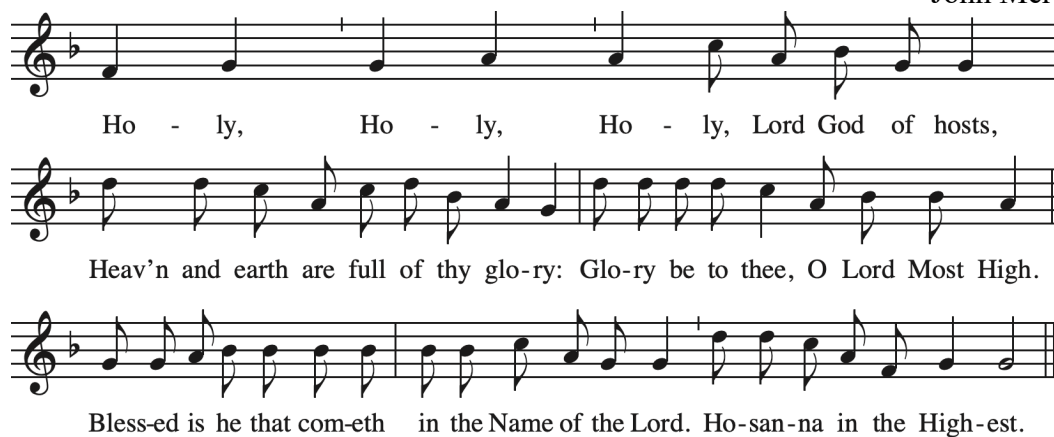
## Preface

76

## Sanctus and Benedictus

Hymn 796

John Merbecke, 1549



Ho - ly, Ho - ly, Ho - ly, Lord God of hosts,  
Heav'n and earth are full of thy glo-ry: Glo-ry be to thee, O Lord Most High.  
Bless-ed is he that com-eth in the Name of the Lord. Ho-san-na in the High-est.

## Prayer of Consecration

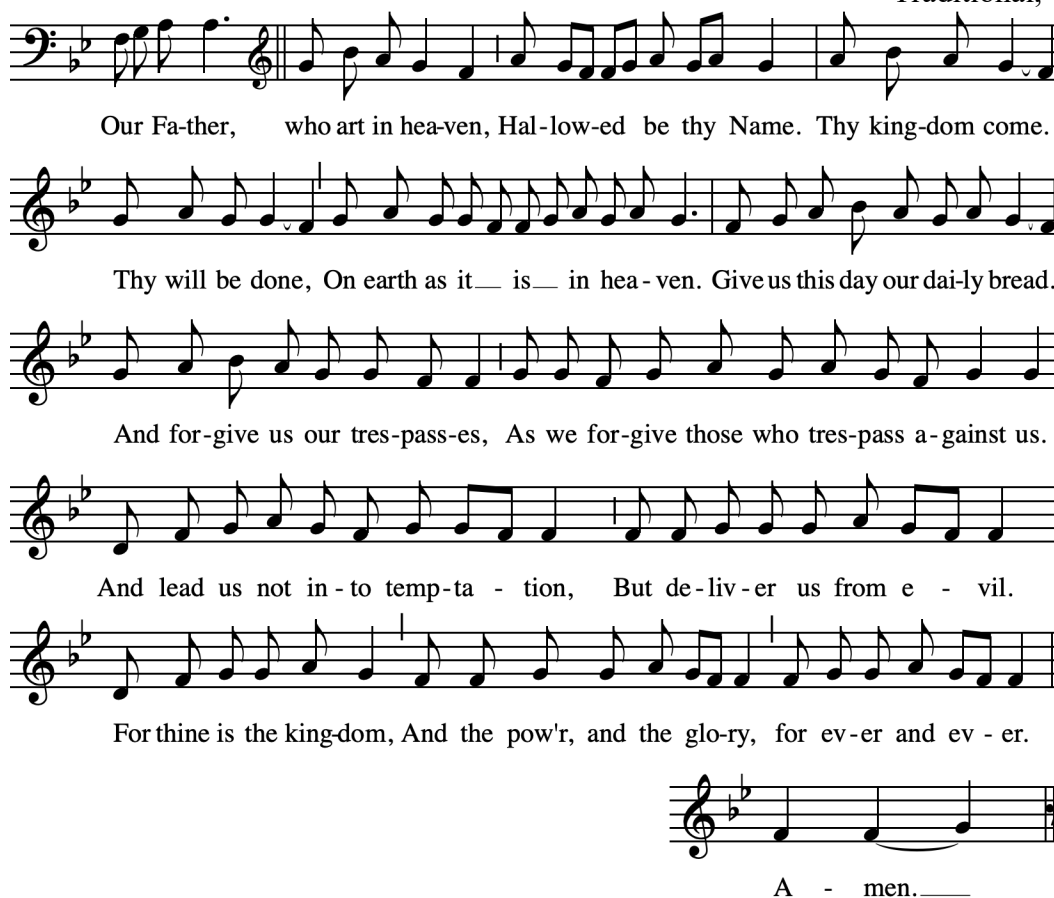
80

Celebrant: And now, as our Saviour Christ hath taught us, we are bold to say,

### The Lord's Prayer

Hymn 722

Traditional, very ancient



Our Fa-ther, who art in hea-ven, Hal-low-ed be thy Name. Thy king-dom come.  
Thy will be done, On earth as it is in hea-ven. Give us this day our dai-ly bread.  
And for-give us our tres-pass-es, As we for-give those who tres-pass a-gainst us.  
And lead us not in-to temp-ta - tion, But de-liv-er us from e - vil.  
For thine is the king-dom, And the pow'r, and the glo-ry, for ev-er and ev - er.  
A - men.\_\_\_\_\_

## The Fracture

### The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, grant us thy peace.

## Prayer of Humble Access

82

### Communion Verse

#### Communion of the Faithful

Celebrant: Behold the Lamb of God; behold Him that taketh away the sins of the world.

People: (3x) Lord, I am not worthy that thou shouldst come under my roof, but speak the word only and my soul shall be healed.

*For those attending in person, we have resumed the custom of kneeling or standing at the Altar Rail to Receive. Here are the various Ways of Receiving:*

1. *Receive the Host into your hands, or directly onto the tongue.  
Receive directly from the Chalice, guiding it gently by the base.*
2. *Receive by Intinction, receiving the Host into your hands and leaving it there; the Deacon will take it and dip it in the Chalice and place it onto your tongue.*
3. *You may receive only the Host of itself, either in your hands or on your tongue. Our Lord is equally present in either Form.*

*As a precaution and courtesy to others and for your own safety, we respectfully request that in the event you are currently suffering from a cold or other communicable illness, please refrain from receiving from the Chalice.*

*For those attending remotely: Please take a moment of silence to realize the presence of Jesus Christ in your soul and make your spiritual communion.*

*In union, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood have been offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.*

*Grant, O Lord Jesus Christ, that as the hem of Thy garment, touched in faith, healed the woman who could not touch Thy Body, so the soul of Thy servant may be healed by like faith in Thee, Whom I cannot now sacramentally receive; through Thy tender mercy, Who livest and reignest with the Father in the unity of the Holy Ghost ever one God. Amen.*



## Communion Hymn

O Esca Viatorum

Hymn 192

Louis Bourgeois, 1549



1. O Food of men way - far - ing, The bread of an - gels  
2. O stream of love past tell - ing, O pur - est foun - tain,  
3. O Je - sus, by thee bid - den, We here a - dore thee,



shar-ing, O Man - na from on high! We hun - ger; Lord, sup -  
well-ing From out the Sa - viour's side! We faint with thirst; re -  
hid - den 'Neath forms of bread and wine. Grant when the veil is



ply us, Nor thy delights de - ny us, Whose hearts to thee draw nigh. A - men.  
vive us, Of thine a - bun-dance give us, And all we need pro - vide.  
riv - en, We may be-hold, in hea-ven, Thy coun - te-nance di - vine.

Latin, 1661; Tr. J. Athelstan L. Riley, 1906

## Prayer of Thanksgiving

83

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of his most precious death and passion. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. *Amen.*

## Post-Communion Prayers

### Dismissal

### Pontifical Blessing

Bishop: Blessed be the name of the Lord

People: From this time forth forever more.

Bishop: Our help is in the name of the Lord

People: Who hath made heaven and earth.

Bishop: The Peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the ✠Blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*

**Retiring Processional:**  
Greenland

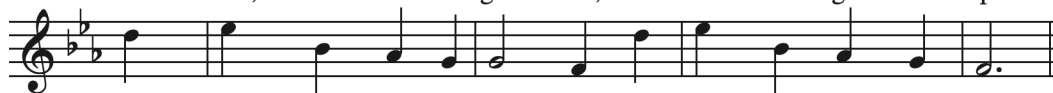
Hymn 4  
Johann Michael Haydn, 1819



1. Re - joice, re - joice, be - liev - ers! And let your lights ap - pear;  
2. See that your lamps are burn - ing; Re - plen - ish them with oil;  
3. O wise and ho - ly vir - gins, Now raise your voi - ces higher,  
4. Our hope and ex - pec - ta - tion, O Je - sus, now ap - pear;



The eve - ning is ad - vanc - ing, And dark - er night is near.  
Look now for your sal - va - tion, The end of sin and toil.  
Un - til in songs of tri - umph Ye meet the an - gel choir.  
A - rise, thou Sun so longed for, O'er this be - night - ed sphere!



The Bride - groom is a - ris - ing, And soon he will draw nigh;  
The watch - ers on the moun - tain Pro - claim the Bride - groom near;  
The mar - riage - feast is wait - ing, The gates wide o - pen stand;  
With hearts and hands up - lift - ed, We plead, O Lord, to see



Up, watch in ex - pec - ta - tion! At mid - night comes the cry. A - men.  
Go meet him as he com - eth, With al - le - lu - ias clear.  
Rise up, ye heirs of glo - ry! The Bride - groom is at hand.  
The day of earth's re - demp - tion, And ev - er be with thee!

Laurentius Laurenti, 1700; Tr. Sarah B. Findlater, 1854, alt.

**Announcements**

Celebrant

The Right Reverend Anthony F. Rasch

Assisting

The Reverend Deacon John Yeager

Epistoler

Robert Jones

Cantor

Patrick Dempsey

Acolyte

Tony Shehata

Acolyte in Training

Robert Yeager

Lector

Altar Guild

Susan King

Zoom Wrangler

Landon Melamed

Thank you for joining us for this service! Please continue to take care of yourselves and let us know if you need additional prayers or assistance.

The Weekday Mass will be celebrated on Wednesday at 10 am. (St. Thomas the Apostle)

The new Rodgers electric organ arrived and has been installed! The instrument is given in Loving Memory of William Thomas Wilson, by the Wood and Wilson families. A dedication plaque is being prepare in his honor.

If your intention is to submit a Pledge Card for 2023 please submit it by the final Sunday of December or return it to the Treasurer by mail.

Donations of inexpensive personal items, gift wrapped in advance with Christmas paper, and labeled (for a Man or Woman), will be collected today to be taken this week to the Emerald Convalescent Hospital for elderly patients who are without families. Thank you!

#### THE CHRISTMAS SCHEDULE

December 24th 10:30 p.m Christmas Eve Mass with Carols.

December 25th 10:00 am. Christmas Day Choral Mass

NOTE: If you plan to come on Christmas Eve, as we do not have a regular gate guard, please arrive early as the gate will be CLOSED shortly after 10:30 p.m., and will not be UNLOCKED for exiting until after the Mass has concluded.

Gretchen Martin will host the Annual Christmas Parish Party at 5:00 p.m. Thursday, December 29th. Please sign up on the RSVP list today or no later than Christmas Day (All reservations made must be firm!). Remember also to bring a wrapped Christmas gift you yourself would be pleased to receive.

The Annual Parish Meeting will be on Sunday, January 29 after the Sunday Mass. Parish Officers are reminded to begin preparing their written Reports.