

# St. Mary the Virgin Anglican Catholic Parish

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<http://www.stmaryanglican.org>  
The Right Reverend Anthony F. Rasch, Rector  
The Rev. Deacon John Yeager, Assisting

The Fourth Sunday in Lent  
The Feast of St. Patrick, Spouse of the Blessed Virgin Mary (19 Mar)  
19 March 2023  
Solemn High Mass with Litany

## The Litany or General Supplication

BCP 54

<http://www.stmaryanglican.org/news/wp-content/uploads/2022/03/Litany.pdf>

## Processional (Asperges)

Hymn 61

Spires

J. Klug's *Geistliche Lieder*, 1543



1. The glo - ry of these for - ty days We cel - e - brate with  
2. A - lone and fast - ing Mo - ses saw The lov - ing God who  
3. So Dan - iel trained his mys - tic sight, De - liv - er'd from the  
4. Then grant us, Lord, like them to be Full oft in fast and  
5. O Fa - ther, Son, and Spi - rit blest, To thee be ev - ery



songs of praise; For Christ, by whom all things were made, Him -  
gave the law; And to E - li - jah, fast - ing, came The  
li - ons' might; And John, the Bride - groom's friend, be - came The  
prayer with thee; Our spi - rits strength - en with thy grace, And  
prayer ad - drest, Who art in three - fold Name a - dored, From



self has fast - ed and has prayed. A - men.  
steeds and char - i - ots of flame.  
her - ald of Mes - si - ah's name.  
give us joy to see thy face.  
age to age, the on - ly Lord.

Latin, 6<sup>th</sup> cent.; Tr. Maurice F. Bell, 1906

## Introit

Collect for Purity

BCP 67

Summary of the Law

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## Kyrie Eleison

Hymn 702

John Merbecke, 1549



Lord, have mer-cy up-on us. Christ, have mer-cy up-on us. Lord, have mer-cy up-on us.



mother of us all. For it is written, Rejoice, thou barren that bearest not: break forth and cry, thou that travailest not: for the desolate hath many more children than she which hath an husband. Now we, brethren, as Isaac was, are the children of promise. But as then he that was born after the flesh persecuted him that was born after the Spirit, even so it is now. Nevertheless what saith the scripture? Cast out the bondwoman and her son: for the son of the bondwoman shall not be heir with the son of the freewoman. So then, brethren, we are not children of the bondwoman, but of the free.

## Gradual and Tract

### The Gospel *St. John 6:1-14*

131



Glo - ry be to thee, O Lord.

AT that time: Jesus went over the sea of Galilee, which is the sea of Tiberias. And a great multitude followed him, because they saw his miracles which he did on them that were diseased. And Jesus went up into a mountain, and there he sat with his disciples. And the passover, a feast of the Jews, was nigh. When Jesus then lifted up his eyes, and saw a great company come unto him, he saith unto Philip, Whence shall we buy bread, that these may eat? And this he said to prove him: for he himself knew what he would do. Philip answered him, Two hundred pennyworth of bread is not sufficient for them, that every one of them may take a little. One of his disciples, Andrew, Simon Peter's brother, saith unto him, There is a lad here, which hath five barley loaves, and two small fishes: but what are they among so many? And Jesus said, Make the men sit down. Now there was much grass in the place. So the men sat down, in number about five thousand. And Jesus took the loaves; and when he had given thanks, he distributed to the disciples, and the disciples to them that were set down; and likewise of the fishes as much as they would. When they were filled, he said unto his disciples, Gather up the fragments that remain, that nothing be lost. Therefore they gathered them together, and filled twelve baskets with the fragments of the five barley loaves, which remained over and above unto them that had eaten. Then those men, when they had seen the miracle that Jesus did, said, This is of a truth that prophet that should come into the world.



Praise - be to thee, O Christ.

## Nicene Creed

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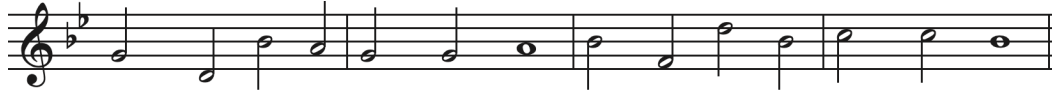
I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man: And was crucified also for us under Pontius Pilate; He suffered and was buried: And the third day he rose again according to the Scriptures: And ascended into heaven, And sitteth on the right hand of the Father: And he shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father and the Son; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism for the remission of sins: And I look for the Resurrection of the dead: And the Life of the world to come. *Amen.*

**Sermon Hymn**  
Campian

Hymn 459  
Thomas Campian, 1613



1. Hark, my soul! it is the Lord. 'Tis thy Sa-viour, hear his word;
2. "I de - liv - er'd thee when bound, And, when bleed-ing, healed thy wound;
3. "Mine is an un-chang - ing love, High - er than the heights a - bove,
4. "Thou shalt see my glo - ry soon, When the work of grace is done;
5. Lord, it is my chief com - plaint That my love is weak and faint;



Je - sus speaks, and speaks to thee, "Say, poor sin-ner, lov'st thou me?  
Sought thee wan - d'ring, set thee right, Turned thy dark-ness in - to light.  
Deep - er than the depths be - neath, Free and faith-ful, strong as death.  
Part - ner of my throne shalt be: Say, poor sin-ner, lov'st thou me?"  
Yet I love thee and a - dore; O for grace to love thee more!



A - men.  
William Cowper, 1768, alt.

**Sermon**

The Rt. Rev. A. F. Rasch

**Offertory Verse and Sentences**

**Offertory Hymn**  
St. Chrysostom

Hymn 460  
Joseph Barnby, 1871

1. Je - sus, my Lord, my God, my all, Hear me, blest  
 2. Je - sus, too late, I thee have sought; How can I  
 3. Je - sus, what didst thou find in me That thou hast  
 4. Je - sus, of thee shall be my song; To thee my

Sa - viour, when I call; Hear me, and from thy  
 love thee as I ought, And how ex - tol thy  
 dealt so lov - ing - ly? How great the joy that  
 heart and soul be - long: All that I am or

dwel - ling place Pour down the rich - es of \_\_\_\_ thy  
 match - less fame, The glo - rious beau - ty of \_\_\_\_ thy  
 thou \_\_\_\_ hast brought! O far ex - ceed - ing hope \_\_\_\_ or  
 have \_\_\_\_ is thine; And thou, my Sa - viour, thou \_\_\_\_ art

grace. Je - sus, my Lord, I thee \_\_\_\_ a - dore;  
 Name? Je - sus, my Lord, I thee \_\_\_\_ a - dore;  
 thought! Je - sus, my Lord, I thee \_\_\_\_ a - dore;  
 mine. Je - sus, my Lord, I thee \_\_\_\_ a - dore;

O make me love thee more \_\_\_\_ and more!  
 O make me love thee more \_\_\_\_ and more!  
 O make me love thee more \_\_\_\_ and more!  
 O make me love the more \_\_\_\_ and more!

A - men.  
Henry Collins, 1854, alt.

**Doxology (Hymnal 139, 1st verse)**

Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be - low;  
 Praise him above, ye heav'n-ly host: Praise Father, Son, and Ho-ly Ghost. Amen.

**Bidding Prayers**

**Orate, Fratres**

Celebrant: Brethren, pray that my sacrifice and yours may be acceptable to God the Father Almighty.  
 People: The Lord receive this sacrifice at thy hands, to the praise and glory of his Name; both to our benefit and that of all his holy Church. *Amen.*

**Prayer for the Whole State of Christ's Church**

**General Confession**

75

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

**Absolution**

76

**The Comfortable Words**

76

**Sursum Corda**

76

The musical score for 'Sursum Corda' is written in G minor (one flat) and 4/4 time. It consists of five staves of music with lyrics underneath. The first staff is marked 'Priest' and 'All' and contains the lyrics: 'The Lord be with you. And with thy spirit.' The second staff is marked 'Priest' and contains the lyrics: 'Lift up your hearts.' The third staff is marked 'All' and contains the lyrics: 'We lift them up unto the Lord.' The fourth staff is marked 'Priest' and contains the lyrics: 'Let us give thanks unto our Lord God.' The fifth staff is marked 'All' and contains the lyrics: 'It is meet and right so to do.' The music features a mix of quarter and eighth notes, with some phrases marked with slurs.

**Preface for Lent**

**Sanctus and Benedictus**

Hymn 796  
John Merbecke, 1549

Ho - ly, Ho - ly, Ho - ly, Lord God of hosts,  
Heav'n and earth are full of thy glo-ry: Glo-ry be to thee, O Lord Most High.  
Bless-ed is he that com-eth in the Name of the Lord. Ho-san-na in the High-est.

**Prayer of Consecration**

80

Celebrant: And now, as our Saviour Christ hath taught us, we are bold to say,  
**The Lord's Prayer**

Hymn 722  
Traditional, very ancient

Our Fa-ther, who art in hea-ven, Hal-low-ed be thy Name. Thy king-dom come.  
Thy will be done, On earth as it is in hea-ven. Give us this day our dai-ly bread.  
And for-give us our tres-pass-es, As we for-give those who tres-pass a-gainst us.  
And lead us not in - to temp-ta - tion, But de-liv-er us from e - vil.  
For thine is the king-dom, And the pow'r, and the glo-ry, for ev-er and ev - er.  
A - men.

**The Fracture**

**The Peace**

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, grant us thy peace.

## Prayer of Humble Access

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### Communion Verse

#### Communion of the Faithful

Celebrant: Behold the Lamb of God; behold Him that taketh away the sins of the world.

People: (3x) Lord, I am not worthy that thou shouldst come under my roof, but speak the word only and my soul shall be healed.

*For those attending in person, we have resumed the custom of kneeling or standing at the Altar Rail to Receive. Here are the various Ways of Receiving:*

1. *Receive the Host into your hands, or directly onto the tongue. Receive directly from the Chalice, guiding it gently by the base.*
2. *Receive by Intinction, receiving the Host into your hands and leaving it there; the Deacon will take it and dip it in the Chalice and place it onto your tongue.*
3. *You may receive only the Host of itself, either in your hands or on your tongue. Our Lord is equally present in either Form.*

*As a precaution and courtesy to others and for your own safety, we respectfully request that in the event you are not vaccinated against COVID-19 or are currently suffering from a cold or other communicable illness, please refrain from receiving from the Chalice.*

*For those attending remotely: Please take a moment of silence to realize the presence of Jesus Christ in your soul and make your spiritual communion.*

*In union, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood have been offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.*

*Grant, O Lord Jesus Christ, that as the hem of Thy garment, touched in faith, healed the woman who could not touch Thy Body, so the soul of Thy servant may be healed by like faith in Thee, Whom I cannot now sacramentally receive; through Thy tender mercy, Who livest and reignest with the Father in the unity of the Holy Ghost ever one God. Amen.*



# Communion Hymn

Lammas

Hymn 202, 2<sup>nd</sup> Tune

Arthur H. Brown



1. Draw nigh and take the Bo - dy of the Lord,  
 2. Saved by that Bo - dy and that ho - ly Blood,  
 3. Sal - va - tion's giv - er, Christ, the on - ly Son,  
 4. Of - fered was he for great - est and for least,  
 5. Ap - proach ye then with faith - ful hearts sin - cere,  
 6. He that his saints in this world rules and shields  
 7. With heav'n - ly bread makes them that hun - ger whole,  
 8. Al - pha and O - me - ga, to whom shall bow



And drink the ho - ly Blood for you out - poured.  
 With souls re - freshed, we ren - der thanks to God.  
 By his dear cross and blood the vic - tory won.  
 Him - self the Vic - tim, and him - self the Priest.  
 And take the pled - ges of sal - va - tion here.  
 To all be - lie - vers life e - ter - nal yields;  
 Gives li - ving wa - ters to the thirst - ing soul.  
 All na - tions at the doom, is with us now.

Bangor Antiphoner, c. 690; Tr. J. M. Neale, 1851, alt.

## Prayer of Thanksgiving

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Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of his most precious death and passion. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. *Amen.*

## Post-Communion Prayers

### Dismissal

### Episcopal Blessing

Bishop: Blessed be the name of the Lord

People: From this time forth forever more.

Bishop: Our help is in the name of the Lord

People: Who hath made heaven and earth.

Bishop: The Peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the ✠Blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*

**Retiring Processional:**

Hymn 567

Dulce Carmen

*An Essay on the Church Plain Chant, 1782*

1. Lead us, heav'n-ly Fa - ther, lead us O'er the world's tem - pes - tuous sea;  
 2. Sa - viour, breathe for-give-ness o'er us; All our weak - ness thou dost know;  
 3. Spi - rit of our God, de - scen-ding, Fill our hearts with heav'n-ly joy;



Guard us, guide us, keep us, feed us, For we have no help but thee,  
 Thou didst tread this earth be - fore us; Thou didst feel its keen-est woe;  
 Love with ev - 'ry pas - sion blend - ing, Plea - sure that can ne - ver cloy;



Yet pos - ses - sing ev - 'ry blessing, If — our God our Fa - ther be. A-men.  
 Lone and drear - y, faint and wea-ry, Thro' the de - sert thou didst go.  
 Thus pro - vid - ed, par-don'd, gui-ded, No - thing can our peace de-destroy.

James Edmeston, 1821

**Announcements**

Litanist	Robert Jones, Subdeacon of the Mass
Celebrant	The Right Reverend Anthony F. Rasch
Assisting	The Reverend Deacon John Yeager
Epistoler	Robert Jones, Subdeacon
Lector	
Thurifer & Acolyte	Tony Shehata
Crucifer & Acolyte in Training	Robert Yeager
Altar Guild	Gretchen Martin
Accompanist	Ken Kubo
Zoom Wrangler	Landon Melamed

Thank you for joining us for this service! Please continue to take care of yourselves and let us know if you need additional prayers or assistance.

Flowers (especially roses) are permitted on the Altar on the Fourth Sunday in Lent, Laetare (rejoice!) Sunday. The Introit for today begins "Laetare Jerusalem..." (Rejoice ye with Jerusalem; and be ye glad for her, all ye that delight in her.").

The Midweek Mass will be celebrated on Wednesday at 10 am (St. Benedict, Abbot, 480-560).

Thanks to Senior Warden Robert Jones for the purchase and gift of a Rose colored Tunical (the vestment worn by a Subdeacon at a Solemn High Mass). Robert previously purchased and gifted a Rose colored Chasuble (worn by the Celebrant) and matching Dalmatic (worn by the Deacon).

Thanks to Beth Kubo for hosting our third Lenten Wednesday Evening, attended by nine members who enjoyed a delicious potluck supper and discussed a deeply moving chapter about St. Elizabeth and St. Mary.

LENTEN WEDNESDAY EVENINGS on Wednesdays March 22nd & 29th will begin at 6:00 p.m with Evening Prayer (Bring your Book of Common Prayer and Bible). The host for next Wednesday will be

Sandy Wood, and will include a meatless potluck supper. Those attending should check with Sandy regarding the dish or item they intend to bring.

After the supper we will continue our study of the book, *The Mothers and Daughters of the Bible Speak - Lessons on Faith of Nine Biblical Families*. Please read in advance Chapter Four, 'Rebekah.' And as a courtesy to all attending, please be on time so that we can conclude at a reasonable hour.

Host for the fifth Lenten Wednesday session on the 29th will be Debbie Ruiz.