

# St. Mary the Virgin Anglican Catholic Parish

Oakwood Memorial Park • 22607 Lassen Street  
Chatsworth, California 91311 (747) 755-8498  
<http://www.stmaryanglican.org>  
The Right Reverend Anthony F. Rasch, Rector  
The Rev. Deacon John Yeager, Assisting

## The First Sunday in Lent 18 February 2024

### High Mass

#### Imposition of Blessed Ashes

#### The Litany or General Supplication

BCP 54

(<http://www.stmaryanglican.org/news/wp-content/uploads/2022/03/Litany.pdf>)

#### Processional

Hymn 55

Heinlein

M.H., in *Nürnbergisches Gesangbuch*, 1676



1. For - ty days and for - ty nights Thou wast fast - ing in the wild;  
2. Shall not we thy sor - row share And from world - ly joys ab - stain,  
3. Then if Sa - tan on - us presss, Flesh or spi - rit to as - sail,  
4. So shall we have peace di - vine: Ho - lier glad-ness our shall be;  
5. Keep, O keep us, Sa - viour dear, Ev - er con-stant by thy side;



For - ty days and for - ty nights Tempt - ed, and yet un - de-filed. A-men.  
Fast - ing with un - ceas-ing prayer, Strong with thee to suf - fer pain?  
Vic - tor in the wil - der - ness, Grant we may not faint nor fail!  
Round us, too, shall an - gels shine, Such as min - is - tered to thee.  
That with thee we may ap - pear At the e - ter - nal Eas - ter-tide.

George Hunt Smyttan, 1856, alt.

#### Introit

#### Collect for Purity

BCP 67

#### Summary of the Law

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#### Kyrie Eleison

Hymn 702

John Merbecke, 1549



Lord, have mer-cy up-on us. Christ, have mer-cy up-on us. Lord, have mer-cy up-on us.

#### Collect for the First Sunday in Lent

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O LORD, who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit we may ever obey thy godly motions in righteousness, and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. *Amen.*

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen.*

## The Lesson

*Isaiah 58:6-9*

Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh? Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the Lord shall be thy reward. Then shalt thou call, and the Lord shall answer; thou shalt cry, and he shall say, Here I am. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity;

## Psalm 51

*Miserere mei, Deus*

HAVE mercy upon me, O God, after thy great goodness; \* according to the multitude of thy mercies do away mine offences.

<sup>2</sup> Wash me thoroughly from my wickedness, \* and cleanse me from my sin.

<sup>3</sup> For I acknowledge my faults, \* and my sin is ever before me.

<sup>4</sup> Against thee only have I sinned, and done this evil in thy sight; \* that thou mightest be justified in thy saying, and clear when thou shalt judge.

<sup>5</sup> Behold, I was shapen in wickedness, \* and in sin hath my mother conceived me.

<sup>6</sup> But lo, thou requirest truth in the inward parts, \* and shalt make me to understand wisdom secretly.

<sup>7</sup> Thou shalt purge me with hyssop, and I shall be clean; \* thou shalt wash me, and I shall be whiter than snow.

<sup>8</sup> Thou shalt make me hear of joy and gladness, \* that the bones which thou hast broken may rejoice.

<sup>9</sup> Turn thy face from my sins, \* and put out all my misdeeds.

<sup>10</sup> Make me a clean heart, O God, \* and renew a right spirit within me.

<sup>11</sup> Cast me not away from thy presence, \* and take not thy holy Spirit from me.

<sup>12</sup> O give me the comfort of thy help again, \* and stablish me with thy free Spirit.

<sup>13</sup> Then shall I teach thy ways unto the wicked, \* and sinners shall be converted unto thee.

<sup>14</sup> Deliver me from blood-guiltiness, O God, thou that art the God of my health; \* and my tongue shall sing of thy righteousness.

<sup>15</sup> Thou shalt open my lips, O Lord, \* and my mouth shall show thy praise.

<sup>16</sup> For thou desirest no sacrifice, else would I give it thee; \* but thou delightest not in burnt-offerings.

<sup>17</sup> The sacrifice of God is a troubled spirit: \* a broken and contrite heart, O God, shalt thou not despise.

<sup>18</sup> O be favourable and gracious unto Sion; \* build thou the walls of Jerusalem.

<sup>19</sup> Then shalt thou be pleased with the sacrifice of righteousness, with the burnt-offerings and oblations; \* then shall they offer young bullocks upon thine altar.

Celebrant: Glory be to the Father, and to the Son, and to the Holy Ghost;

All: As it was in the beginning, is now, and ever shall be, world without end. *Amen.*

*II Corinthians 6:1-10*

BRETHREN: We then, as workers together with him, beseech you also that ye receive not the grace of God in vain; (for he saith, I have heard thee in a time accepted, and in the day of salvation have I succoured thee: behold, now is the accepted time; behold, now is the day of salvation;) giving no offence in any thing, that the ministry be not blamed: but in all things

approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses, in stripes, in imprisonments, in tumults, in labours, in watchings, in fastings; by pureness, by knowledge, by long-suffering, by kindness, by the Holy Ghost, by love unfeigned, by the word of truth, by the power of God, by the armour of righteousness on the right hand and on the left, by honour and dishonour, by evil report and good report: as deceivers, and yet true; as unknown, and yet well known; as dying, and, behold, we live; as chastened, and not killed; as sorrowful, yet alway rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

## Gradual and Tract

### The Gospel

*St. Matthew 4:1-11*

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Glo - ry be to thee, O Lord.

AT that time ; Then was Jesus led up of the spirit into the wilderness to be tempted of the devil. And when he had fasted forty days and forty nights, he was afterward an hungred. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple, and saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone. Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God. Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; and saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve. Then the devil leaveth him, and, behold, angels came and ministered unto him.



Praise - be to thee, O Christ.

## Nicene Creed

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I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man: And was crucified also for us under Pontius Pilate; He suffered and was buried: And the third day he rose again according to the Scriptures: And ascended into heaven, And sitteth on the right hand of the Father: And he shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father and the Son; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism

for the remission of sins: And I look for the Resurrection of the dead: And the Life of the world to come. *Amen.*

## Announcements

### Sermon Hymn

St. Flavian

Hymn 59

John Day's *Psalter*, 1562



1. Lord, who through-out these for - ty days For us didst fast and pray,
2. As thou with Sa - tan didst con - tend, And didst the vic - t'ry win,
3. As thou didst hun - ger bear and thirst, So teach us gra - cious Lord,
4. And through these days of pen - i - tence, And through thy Pas - sion - tide,
5. A - bide with us, that so, this life Of suff - 'ring o - ver - past,



Teach us with thee to mourn our sins, And close by thee to stay. A - men.  
O give us strength in thee to fight, In thee to con - quer sin.  
To die to self, and chief - ly live By thy most ho - ly word.  
Yea, ev - er - more, in life and death, Je - sus! with us a - bide.  
An Eas - ter of un - end - ing joy We may at - tain at last!

Claudia F. Hernaman, 1873

### Sermon

*Temptation Is Not A Game*

The Rt. Rev. Anthony F. Rasch

### Offertory Verse and Sentences

**Offertory Hymn**  
**Old Hundred Twenty-Fourth**

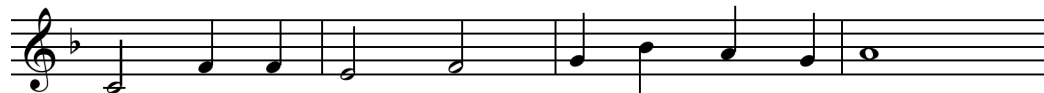
**Hymn 536**  
 Louis Bourgeois, 1551



1. Turn back, O man, for - swear thy fool - ish ways.  
 2. Earth might be fair, and all men glad and wise.  
 3. Earth shall be fair, and all her peo - ple one:



Old now is earth, and none may count her days,  
 Age af - ter age their tra - gic em - pires rise,  
 Nor 'til that hour shall God's whole will be done.



Yet thou, her child, whose head is crowned with flame,  
 Built while they dream, and in that dream - ing weep:  
 Now, e - ven now, once more from earth to sky



Still wilt not hear thine in - ner God pro - claim,  
 Would man but wake from out his haunt - ed sleep,  
 Peals forth in joy man's old, un - daunt - ed cry,



"Turn back, O man, for - swear thy fool - ish ways."  
 "Earth might be fair, and all men glad and wise."  
 "Earth shall be fair, and all her folk be one!"

Clifford Bax, 1919

**Doxology (Hymnal 139, 1st verse)**



Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be - low;



Praise him a-bove, ye heav'n-ly host: Praise Fa-ther, Son, and Ho-ly Ghost. Amen.

**Bidding Prayers**

**Orate, Fratres**

Celebrant: Brethren, pray that my sacrifice and yours may be acceptable to God the Father Almighty.

People: The Lord receive this sacrifice at thy hands, to the praise and glory of his Name; both to our benefit and that of all his holy Church. *Amen.*

**Prayer for the Whole State of Christ's Church**

74

**General Confession**

75

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most

grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

## Absolution

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## The Comfortable Words

76

## Sursum Corda

76

*Priest* The Lord be with you. And with thy spirit.

*Priest* Lift up your hearts

*All* We lift them up unto the Lord

*Priest* Let us give thanks unto our Lord God.

*All* It is meet and right so to do

## Preface

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## Sanctus and Benedictus

Hymn 796

John Merbecke, 1549

Ho - ly, Ho - ly, Ho - ly, Lord God of hosts,  
Heav'n and earth are full of thy glo-ry: Glo-ry be to thee, O Lord Most High.  
Bless-ed is he that com-eth in the Name of the Lord. Ho-san-na in the High-est.

Celebrant: And now, as our Saviour Christ hath taught us, we are bold to say,  
**The Lord's Prayer**

Hymn 722

Traditional, very ancient



Our Fa-ther, who art in hea-ven, Hal-low-ed be thy Name. Thy king-dom come.



Thy will be done, On earth as it is in hea-ven. Give us this day our dai-ly bread.



And for-give us our tres-pass-es, As we for-give those who tres-pass a-gainst us.



And lead us not in - to temp-ta - tion, But de-liv-er us from e - vil.



For thine is the king-dom, And the pow'r, and the glo-ry, for ev-er and ev - er.



A - men. —

## The Fracture

### The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

### Agnus Dei

Hymn 706

John Merbecke, 1549



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, grant us thy peace.

**Communion of the Faithful**

Celebrant: Behold the Lamb of God; behold Him that taketh away the sins of the world.

People: (3x) Lord, I am not worthy that thou shouldst come under my roof, but speak the word only and my soul shall be healed.

*For those attending in person, we have resumed the custom of kneeling or standing at the Altar Rail to Receive. Here are the various Ways of Receiving:*

1. *Receive the Host into your hands, or directly onto the tongue.  
Receive directly from the Chalice, guiding it gently by the base.*
2. *Receive by Intinction, receiving the Host into your hands and leaving it there; the Deacon will take it and dip it in the Chalice and place it onto your tongue.*
3. *You may receive only the Host of itself, either in your hands or on your tongue. Our Lord is equally present in either Form.*

*As a precaution and courtesy to others and for your own safety, we respectfully request that in the event you are not vaccinated against COVID-19 or are currently suffering from a cold or other communicable illness, please refrain from receiving from the Chalice.*

*For those attending remotely: Please take a moment of silence to realize the presence of Jesus Christ in your soul and make your spiritual communion.*

*In union, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood have been offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.*

*Grant, O Lord Jesus Christ, that as the hem of Thy garment, touched in faith, healed the woman who could not touch Thy Body, so the soul of Thy servant may be healed by like faith in Thee, Whom I cannot now sacramentally receive; through Thy tender mercy, Who livest and reignest with the Father in the unity of the Holy Ghost ever one God. Amen.*



## Communion Hymn

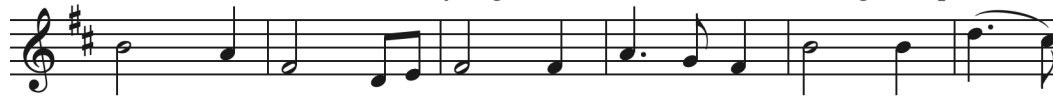
Woodworth

Hymn 409, 3<sup>rd</sup> Tune

William B. Bradbury, 1849



1. Just as I am, with - out\_\_ one plea, But that\_\_ thy blood was  
2. Just as I am, though tossed a - bout With ma - ny a con - flict,  
3. Just as I am, poor, wretch-ed, blind; Sight, rich - es, heal - ing  
4. Just as I am: thou wilt re - ceive; Wilt wel - come, par - don,  
5. Just as I am, thy love un - known Has bro - ken eve - ry  
6. Just as I am, of thy\_\_ great love The breadth, length, depth, and



shed for me, And that thou bidd'st me come to thee\_\_  
ma - ny a doubt; Fight - ings and fears\_\_ with - in, with - out,\_\_  
of the mind, Yea, all I need,\_\_ in thee to find,\_\_  
cleanse, re - lieve, Be - cause thy pro - mise I be - lieve,\_\_  
bar - rier down; Now to be thine,\_\_ yea, thine a - lone,\_\_  
height to prove, Here for a sea - son, then a - bove:\_\_\_\_\_



O Lamb of God, I come, I come. A - men.

Charlotte Elliott, 1836, alt.

## Prayer of Thanksgiving

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Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of his most precious death and passion. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. *Amen.*

## Communion Verse and Post-Communion Prayers

### Dismissal

### Episcopal Blessing

Bishop: Blessed be the name of the Lord

People: From this time forth forever more.

Bishop: Our help is in the name of the Lord

People: Who hath made heaven and earth.

Bishop: The Peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the ✠Blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*

**Retiring Processional:**

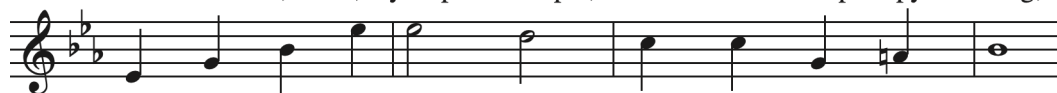
St. Gertrude

Hymn 557

Arthur S. Sullivan, 1871



1. On - ward, Chris - tian sol - diers, March - ing as to war,  
 2. At the sign of tri - umph Sa - tan's host doth flee;  
 3. Like a might - y ar - my Moves the Church of God;  
 4. Crowns and thrones may pe - rish, King - doms rise and wane,  
 5. On - ward, then, ye peo - ple, Join our hap - py throng;



With the cross of Je - sus Go - ing on be fore!  
 On, then, Chris - tian sol - diers, On to vic - to - ry!  
 Bro - thers, we are tread - ing Where the saints have trod;  
 But the Church of Je - sus Con - stant will re - main;  
 Blend with ours your voi - ces In the tri - umph song:



Christ the ro - yal Ma - ster, Leads a - gainst the foe;  
 Hell's foun - da - tions qui - ver At the shout of praise;  
 We are not di - vi - ded, All one bo - dy we,  
 Gates of hell can ne - ver 'Gainst that Church pre - vail;  
 Glo - ry, laud, and ho - nor, Un - to Christ the King;



For - ward in - to bat - tle, See, his ban - ners go.  
 Bro - thers lift your voi - ces, Loud your an - thems raise.  
 One in hope and doc - trine, One in cha - ri - ty.  
 We have Christ's own pro - mise, And that can - not fail.  
 This through count - less a - ges Men and an - gels sing.



On - ward, Chris - tian sol - diers, March - ing as to war,



With the cross of Je - sus Go - ing on be - fore! A - men.

Sabine Baring-Gould, 1864

**Announcements**

Celebrant

Assisting

Epistoler

Cantor

Lector

Verger

Thurifer and Acolyte

Crucifer and Acolyte-in-Training

Altar Guild

Zoom Wrangler

The Right Reverend Anthony F. Rasch

The Reverend Deacon John Yeager

Robert Jones

Robert Jones

Tony Shehata

Robert Yeager

Gretchen Martin

Landon Melamed

The Blessed Ashes will be Imposed at 10 am prior to the start of the Litany and today's Mass for any unable to receive them on Ash Wednesday.

The Midweek Mass will be celebrated on Wednesday at 10 am (Ember Wednesday in Lent)

Our thanks to Gretchen Martin and her kitchen team of Debbie Ruiz and Nancy Jones for preparing and serving our traditional Shrove Tuesday Pancake Supper. Nineteen members attended. We had delicious Pancakes, sausage, and fresh fruit.

**Our Lenten Wednesdays** will discuss the book entitled *The Women of the Bible Speak* by authoress newscast anchor Shannon Breem. Five Sessions on Wednesdays: Feb 21 & 28, March 6, 13, & 20. The evenings will begin at 6 pm with Evening Prayer (bring your Book of Common Prayer and Bible), followed by either a Meatless Potluck or by Desserts Only, after which we will conduct our Lenten study of the book. Hopefully, you will have obtained a copy in time for our very first session this coming Wednesday. As a courtesy to all attending, please be on time so that we can conclude at a reasonable hour.

We're in need of more Host Volunteers. To date, the Lenten Evening Hosts will be Beth Kubo for the first evening and Gretchen Martin for the third. There is a Signup Sheet in the Parish Hall for volunteers to list their names as Hosts. The bottom half of the Signup List is for the names of all those who plan to attend.