St. Mary the Virgin Anglican Catholic Parish

Oakwood Memorial Park • 22607 Lassen Street Chatsworth, California 91311 (747) 755-8498 http://www.stmaryanglican.org The Right Reverend Anthony F. Rasch, Rector The Rev. Deacon John Yeager, Assisting

The Third Sunday in Lent 3 March 2024

Low Mass

The Litany or General Supplication

(http://www.stmaryanglican.org/news/wp-content/uploads/2022/03/Litany.pdf)

BCP 54

A - men.

Reginald Heber, 1812



Collect for Purity BCP 67

The Decalogue (may be said here)

Deacon: GOD spake these words, and said:

I am the LORD thy God; Thou shalt have none other gods but me. Lord, have mercy upon us, and incline our hearts to keep this law.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in

heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow

down to them, nor worship them;

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not take the Name of the LORD thy God in vain

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Remember that thou keep holy the Sabbath-day.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Honour thy father and thy mother;

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt do no murder.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not commit adultery.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not steal.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not bear false witness against thy neighbour.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not covet.

People: Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Summary of the Law

69

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Kyrie Eleison 70

Celebrant: Lord, have mercy upon us.
People: Christ, have mercy upon us.
Celebrant: Lord, have mercy upon us.

Collect for the Third Sunday in Lent

128

WE beseech thee, Almighty God, look upon the hearty desires of thy humble servants, and stretch forth the right hand of thy Majesty, to be our defence against all our enemies; through Jesus Christ our Lord. *Amen*.

Collect for the Lenten Season

124

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen*.

Prayer for Our Country

36

ALMIGHTY God, who hast given us this good land for our heritage; We humbly beseech thee that we may always prove ourselves a people mindful of thy favour and glad to do thy will. Bless our land with honourable industry, sound learning, and pure manners. Save us from violence, discord, and confusion; from pride and arrogancy, and from every evil way. Defend our liberties, and fashion into one united people the multitudes brought hither out of many kindreds and tongues. Endue with the spirit of wisdom those to whom in thy Name we entrust the authority of government, that there may be justice and peace at home, and that, through obedience to thy law,

we may show forth thy praise among the nations of the earth. In the time of prosperity, fill our hearts with thankfulness, and in the day of trouble, suffer not our trust in thee to fail; all which we ask through Jesus Christ our Lord. *Amen*.

The Lesson

Deuteronomy 6:1-9

Now these are the commandments, the statutes, and the judgments, which the Lord your God commanded to teach you, that ye might do them in the land whither ye go to possess it: That thou mightest fear the Lord thy God, to keep all his statutes and his commandments, which I command thee, thou, and thy son, and thy son's son, all the days of thy life; and that thy days may be prolonged. Hear therefore, O Israel, and observe to do it; that it may be well with thee, and that ye may increase mightily, as the Lord God of thy fathers hath promised thee, in the land that floweth with milk and honey. Hear, O Israel: The Lord our God is one Lord: And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might. And these words, which I command thee this day, shall be in thine heart: And thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt bind them for a sign upon thine hand, and they shall be as frontlets between thine eyes. And thou shalt write them upon the posts of thy house, and on thy gates.

Psalm 95 Venite, exultemus 459

O COME, let us sing unto the LORD; * let us heartily rejoice in the strength of our salvation.

- ² Let us come before his presence with thanksgiving; * and show ourselves glad in him with psalms.
- ³ For the LORD is a great God; * and a great King above all gods.
- ⁴ In his hand are all the corners of the earth; * and the strength of the hills is his also.
- ⁵ The sea is his, and he made it; * and his hands prepared the dry land.
- ⁶ O come, let us worship and fall down, * and kneel before the LORD our Maker.
- ⁷ For he is the Lord our God; * and we are the people of his pasture, and the sheep of his hand.
- ⁸ To-day if ye will hear his voice, harden not your hearts * as in the provocation, and as in the day of temptation in the wilderness;
- ⁹ When your fathers tempted me, * proved me, and saw my works.
- ¹⁰ Forty years long was I grieved with this generation, and said, * It is a people that do err in their hearts, for they have not known my ways:
- ¹¹ Unto whom I sware in my wrath, * that they should not enter into my rest.

Celebrant: Glory be to the Father, and to the Son, and to the Holy Ghost;

All: As it was in the beginning, is now, and ever shall be, world without end. *Amen*.

The Epistle

Ephesians 5:1-14 128

BRETHREN: Be ye therefore followers of God, as dear children; and walk in love, as Christ also hath loved us, and hath given himself for us an offering and a sacrifice to God for a sweet-smelling savour. But fornication, and all uncleanness, or covetousness, let it not be once named among you, as becometh saints; neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks. For this ye know, that no whoremonger, nor unclean person, nor covetous man, who is an idolater, hath any inheritance in the kingdom of Christ and of God. Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience. Be not ye therefore partakers with them. For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light: (for the fruit of the Spirit is in all goodness and righteousness and truth;) proving what is acceptable unto the Lord. And have no fellowship with the unfruitful works of darkness, but rather reprove them. For it is a shame even to speak of those things which are done of them in secret. But all things that are reproved are made

manifest by the light: for whatsoever doth make manifest is light. Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.

Gradual and Tract

The Gospel St. Luke 11:14-28

129

AT that time: Jesus was casting out a devil, and it was dumb. And it came to pass, when the devil was gone out, the dumb spake; and the people wondered. But some of them said, He casteth out devils through Beelzebub the chief of the devils. And others, tempting him, sought of him a sign from heaven. But he, knowing their thoughts, said unto them, Every kingdom divided against itself is brought to desolation; and a house divided against a house falleth. If Satan also be divided against himself, how shall his kingdom stand? because ye say that I cast out devils through Beelzebub. And if I by Beelzebub cast out devils, by whom do your sons cast them out? therefore shall they be your judges. But if I with the finger of God cast out devils, no doubt the kingdom of God is come upon you. When a strong man armed keepeth his palace, his goods are in peace: but when a stronger than he shall come upon him, and overcome him, he taketh from him all his armour wherein he trusted, and divideth his spoils. He that is not with me is against me: and he that gathereth not with me scattereth. When the unclean spirit is gone out of a man, he walketh through dry places, seeking rest; and finding none, he saith, I will return unto my house whence I came out. And when he cometh, he findeth it swept and garnished. Then goeth he, and taketh to him seven other spirits more wicked than himself; and they enter in, and dwell there; and the last state of that man is worse than the first. And it came to pass, as he spake these things, a certain woman of the company lifted up her voice, and said unto him, Blessed is the womb that bare thee, and the paps which thou hast sucked. But he said, Yea rather, blessed are they that hear the word of God, and keep it.

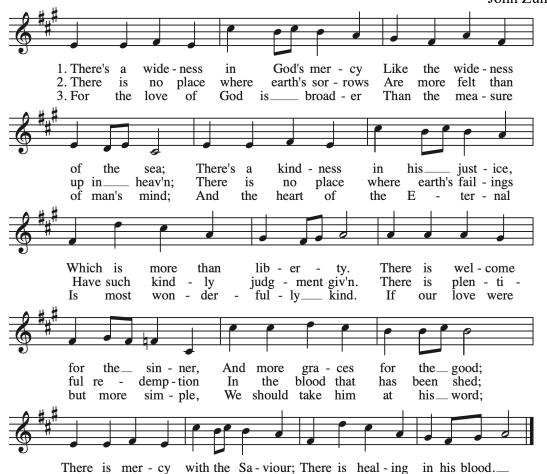
Nicene Creed 71

I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man: And was crucified also for us under Pontius Pilate; He suffered and was buried: And the third day he rose again according to the Scriptures: And ascended into heaven, And sitteth on the right hand of the Father: And he shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father and the Son; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism for the remission of sins: And I look for the Resurrection of the dead: And the Life of the world to come. *Amen*.

Announcements



There is joy for all the mem-bers In the sor-rows of the Head.

And our lives would be all sun-shine In the sweet-ness of the Lord.

Frederick William Faber, 1862

Sermon

The Rt. Rev. Anthony F. Rasch

Offertory Verse and Sentences

Offertory Hymn

Rest

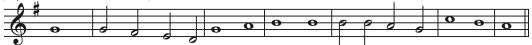
Hymn **435**, **2**nd **Tune** Frederick C. Maker, 1887



John Greenleaf Whittier, 1872

74

Doxology (Hymnal 139, 1st verse)



Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be-low;



Praise him above, ye heav'n-ly host: Praise Father, Son, and Ho-ly Ghost. Amen.

Bidding Prayers

Orate, Fratres

Celebrant: Brethren, pray that my sacrifice and yours may be acceptable to God the Father

Almighty.

People: The Lord receive this sacrifice at thy hands, to the praise and glory of his Name; both to

our benefit and that of all his holy Church. Amen.

Prayer for the Whole State of Christ's Church

General Confession 75

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve

and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

Absolution		76
The Comfor	rtable Words	76
Sursum Cor Celebrant: People: Celebrant: People:	Lift up your hearts. We lift them up unto the Lord. Let us give thanks unto our Lord God. It is meet and right so to do.	76
Preface		77
Sanctus and HOLY, HOI Lord Most H	LY, HOLY, Lord God of hosts, Heaven and earth are full of thy glory:	Glory be to thee, O
₩ Blessed is	s he that cometh in the name of the Lord, Hosanna in the highest.	
Prayer of C	onsecration	80
as it is in hea who trespass	And now, as our Saviour Christ hath taught us, we are bold to say, Prayer who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy waven. Give us this day our daily bread. And forgive us our trespasses, a against us. And lead us not into temptation, But deliver us from evil. d the power, and glory, for ever and ever. Amen.	As we forgive those
The Fractur	re	
The Peace Celebrant: People: Agnus Dei Celebrant: People: Celebrant: People: Celebrant: People: Celebrant:	The peace of the Lord be always with you. And with thy spirit. O Lamb of God, that takest away the sins of the world, Have mercy upon us. O Lamb of God, that takest away the sins of the world, Have mercy upon us. O Lamb of God, that takest away the sins of the world, Grant us thy peace.	
Prayer of H	umble Access	82

Communion of the Faithful

Celebrant: Behold the Lamb of God; behold Him that taketh away the sins of the world.

People: (3x) Lord, I am not worthy that thou shouldst come under my roof, but speak the word

only and my soul shall be healed.

For those attending in person, we have resumed the customer of kneeling or standing at the Altar Rail to Receive. Here are the various Ways of Receiving:

1. Receive the Host into your hands, or directly onto the tongue. Receive directly from the Chalice, guiding it gently by the base.

- 2. Receive by Intinction, receiving the Host into your hands and leaving it there; the Deacon will take it and dip it in the Chalice and place it onto your tongue.
- 3. You may receive only the Host of itself, either in your hands or on your tongue. Our Lord is equally present in either Form.

As a precaution and courtesy to others and for your own safety, we respectfully request that in the event you are not vaccinated against COVID-19 or are currently suffering from a cold or other communicable illness, please refrain from receiving from the Chalice.

For those attending remotely: Please take a moment of silence to realize the presence of Jesus Christ in your soul and make your spiritual communion.

In union, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood have been offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.

Grant, O Lord Jesus Christ, that as the hem of Thy garment, touched in faith, healed the woman who could not touch Thy Body, so the soul of Thy servant may be healed by like faith in Thee, Whom I cannot now sacramentally receive; through Thy tender mercy, Who livest and reignest with the Father in the unity of the Holy Ghost ever one God. Amen.

German Melody, Sung in Tysk Church, Stockholm, 1718



Gerhardt Tersteegen, 1729; *Hymnal Version*, 1940; St. 2, Henry Sloane Coffin

Prayer of Thanksgiving

83

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of his most precious death and passion. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. *Amen*.

Communion Verse and Post-Communion Prayers

Dismissal

Episcopal Blessing

Bishop: Blessed be the name of the Lord
People: From this time forth forever more.
Bishop: Our help is in the name of the Lord
People: Who hath made heaven and earth.

Bishop: The Peace of God, which passeth all understanding, keep your hearts and minds in the

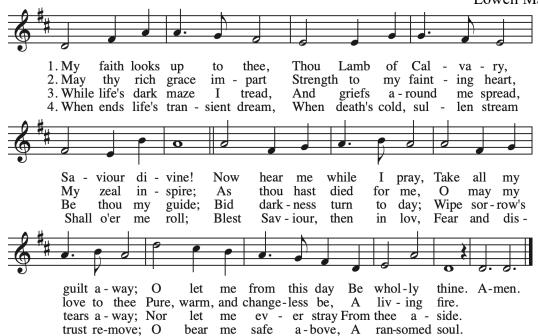
knowledge and love of God, and of his Son Jesus Christ our Lord: And the \maltese Blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with

you always. Amen.

Retiring Processional: Olivet

Hymn **449**





Ray Palmer, 1830

Landon Melamed

Announcements

Celebrant
Assisting
The Right Reverend Anthony F. Rasch
The Reverend Deacon John Yeager
Epistoler
Robert Jones
Lector
Crucifer and Acolyte
Acolyte-in-Training
Robert Yeager
Altar Guild
The Right Reverend Anthony F. Rasch
The Reverend Anthony F. Rasch
The Right Reverend Anthony F. Rasch
The Reverend Deacon John Yeager
Robert Jones
Tony Shehata
Acolyte-in-Training
Robert Yeager
Altar Guild

The Midweek Mass will be celebrated on Wednesday at 10 am (Ember Wednesday in Lent).

Happy Birthday!

Zoom Wrangler

Kevin Kubo (3 March)

Next Sunday: DAYLIGHT SAVINGS TIME BEGINS! Clocks forward! And the Vestry meets following the Coffee Fellowship

Lenten Wednesday Evenings

Our thanks to Debbie Ruiz for hosting the second Wednesday Evening in Lent event and to those who brought items for the potluck.

We have three sessions remaining that will meet on March 6th, 13th & 20th. Evenings begin at 6:00 p.m. with Evening Prayer. Be sure to bring your Book of Common Prayer and a Bible. Followed with either a Meatless Potluck (or Desserts only). After which we will continue with our study of the book *The Women of the Bible Speak* by news anchor and authoress Shannon Bream.

The remaining Lenten Evening Hosts will be Gretchen Martin (third meeting), Beth Kubo (fourth meeting). We still need someone to host the fifth meeting on March 20th.

The less we have, the more we give. Seems absurd, but it's the logic of love.

- Mother Teresa of Calcutta