

# St. Mary the Virgin Anglican Catholic Parish

Oakwood Memorial Park • 22607 Lassen Street  
Chatsworth, California 91311 (747) 755-8498  
<http://www.stmaryanglican.org>  
The Right Reverend Anthony F. Rasch, Rector  
The Rev. Deacon John Yeager, Assisting

## The Fourth Sunday in Lent Laetare Sunday 10 March 2024

### Choral Mass with Litany

#### The Litany or General Supplication

BCP 54

<http://www.stmaryanglican.org/news/wp-content/uploads/2022/03/Litany.pdf>

#### Processional

Hymn 61

Spirens

J. Klug's *Geistliche Lieder*, 1543



1. The glo - ry of these for - ty days We cel - e - brate with  
2. A - lone and fast - ing Mo - ses saw The lov - ing God who  
3. So Dan - iel trained his mys - tic sight, De - liv - er'd from the  
4. Then grant us, Lord, like them to be Full oft in fast and  
5. O Fa - ther, Son, and Spi - rit blest, To thee be ev - ery



songs of praise; For Christ, by whom all things were made, Him -  
gave the law; And to E - li - jah, fast - ing, came The  
li - ons' might; And John, the Bride - groom's friend, be - came The  
prayer with thee; Our spi - rits strength - en with thy grace, And  
prayer ad - drest, Who art in three - fold Name a - dored, From



self has fast - ed and has prayed. A - men.  
steeds and char - i - ots of flame.  
her - ald of Mes - si - ah's name.  
give us joy to see thy face.  
age to age, the on - ly Lord.

Latin, 6<sup>th</sup> cent.; Tr. Maurice F. Bell, 1906

#### Introit

#### Collect for Purity

BCP 67

#### Summary of the Law

69

#### Kyrie Eleison

Hymn 702

John Merbecke, 1549



Lord, have mer-cy up-on us. Christ, have mer-cy up-on us. Lord, have mer-cy up-on us.

**Collect for the Fourth Sunday in Lent**

130

GRANT, we beseech thee, Almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved; through our Lord and Saviour Jesus Christ. *Amen.*

**Collect for the Lenten Season**

124

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen.*

**Prayer for Our Country**

36

ALMIGHTY God, who hast given us this good land for our heritage; We humbly beseech thee that we may always prove ourselves a people mindful of thy favour and glad to do thy will. Bless our land with honourable industry, sound learning, and pure manners. Save us from violence, discord, and confusion; from pride and arrogancy, and from every evil way. Defend our liberties, and fashion into one united people the multitudes brought hither out of many kindreds and tongues. Endue with the spirit of wisdom those to whom in thy Name we entrust the authority of government, that there may be justice and peace at home, and that, through obedience to thy law, we may show forth thy praise among the nations of the earth. In the time of prosperity, fill our hearts with thankfulness, and in the day of trouble, suffer not our trust in thee to fail; all which we ask through Jesus Christ our Lord. *Amen.*

**The Lesson*****Ezekiel 39:25-29***

Therefore thus saith the Lord God; Now will I bring again the captivity of Jacob, and have mercy upon the whole house of Israel, and will be jealous for my holy name; After that they have borne their shame, and all their trespasses whereby they have trespassed against me, when they dwelt safely in their land, and none made them afraid. When I have brought them again from the people, and gathered them out of their enemies' lands, and am sanctified in them in the sight of many nations; Then shall they know that I am the Lord their God, which caused them to be led into captivity among the heathen: but I have gathered them unto their own land, and have left none of them any more there. Neither will I hide my face any more from them: for I have poured out my spirit upon the house of Israel, saith the Lord God.

**Benedic, anima mea (Psalm ciii)**

BCP 29

Praise the LORD, O my soul; \* and all that is within me, praise his holy Name.

Praise the LORD, O my soul, \* and forget not all his benefits:

Who forgiveth all thy sin, \* and healeth all thine infirmities;

Who saveth thy life from destruction, \* and crowneth thee with mercy and loving-kindness.

O praise the LORD, ye angels of his, ye that excel in strength; \* ye that fulfil his commandment, and hearken unto the voice of his word.

O praise the LORD, all ye his hosts; \* ye servants of his that do his pleasure.

O speak good of the LORD, all ye works of his, in all places of his dominion: \* praise thou the LORD, O my soul.

Celebrant: Glory be to the Father, and to the Son, and to the Holy Ghost;

All: As it was in the beginning, is now, and ever shall be, world without end. *Amen.*

## The Epistle

### *Galatians 4:21-31*

130

BRETHREN: Tell me, ye that desire to be under the law, do ye not hear the law? For it is written, that Abraham had two sons, the one by a bondmaid, the other by a freewoman. But he who was of the bondwoman was born after the flesh; but he of the freewoman was by promise. Which things are an allegory: for these are the two covenants; the one from the mount Sinai, which gendereth to bondage, which is Agar. For this Agar is mount Sinai in Arabia, and answereth to Jerusalem which now is, and is in bondage with her children. But Jerusalem which is above is free, which is the mother of us all. For it is written, Rejoice, thou barren that bearest not: break forth and cry, thou that travailest not: for the desolate hath many more children than she which hath an husband. Now we, brethren, as Isaac was, are the children of promise. But as then he that was born after the flesh persecuted him that was born after the Spirit, even so it is now. Nevertheless what saith the scripture? Cast out the bondwoman and her son: for the son of the bondwoman shall not be heir with the son of the freewoman. So then, brethren, we are not children of the bondwoman, but of the free.

## Gradual and Tract

## The Gospel

### *St. John 6:1-14*

131



Glo - ry be to thee, O Lord.

AT that time: Jesus went over the sea of Galilee, which is the sea of Tiberias. And a great multitude followed him, because they saw his miracles which he did on them that were diseased. And Jesus went up into a mountain, and there he sat with his disciples. And the passover, a feast of the Jews, was nigh. When Jesus then lifted up his eyes, and saw a great company come unto him, he saith unto Philip, Whence shall we buy bread, that these may eat? And this he said to prove him: for he himself knew what he would do. Philip answered him, Two hundred pennyworth of bread is not sufficient for them, that every one of them may take a little. One of his disciples, Andrew, Simon Peter's brother, saith unto him, There is a lad here, which hath five barley loaves, and two small fishes: but what are they among so many? And Jesus said, Make the men sit down. Now there was much grass in the place. So the men sat down, in number about five thousand. And Jesus took the loaves; and when he had given thanks, he distributed to the disciples, and the disciples to them that were set down; and likewise of the fishes as much as they would. When they were filled, he said unto his disciples, Gather up the fragments that remain, that nothing be lost. Therefore they gathered them together, and filled twelve baskets with the fragments of the five barley loaves, which remained over and above unto them that had eaten. Then those men, when they had seen the miracle that Jesus did, said, This is of a truth that prophet that should come into the world.



Praise - be to thee, O Christ.

## Nicene Creed

71

I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man: And was crucified also for us under Pontius Pilate; He suffered and was buried: And the third day he rose again according to the Scriptures: And ascended into heaven, And sitteth on the right hand of the Father: And he shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father and the Son; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism for the remission of sins: And I look for the Resurrection of the dead: And the Life of the world to come. *Amen.*

## Announcements

### Sermon Hymn Rockingham

Hymn 337

Arr. by Edward Miller, 1790



1. When I sur - vey the won - drous cross Where the young  
 2. For - bid it, Lord, that I should boast, Save in the  
 3. See, from his head, his hands, his feet, Sor - row and  
 4. Were the whole realm of na - ture mine, That were an  
 Prince of Glo - ry died, My rich - est gain I  
 cross of Christ, my God: All the vain things that  
 love flow min - gled down! Did e'er such love and  
 off - 'ring far too small; Love so a - maz - ing,  
 count but loss, And pour con - tempt on all my pride.  
 charm me most, I sac - ri - fice them to his blood.  
 sor - row meet, Or thorns com - pose so rich a crown?  
 so di - vine, De - mands my soul, my life, my all.

Isaac Watts, 1707

### Sermon

The Rt. Rev. Anthony F. Rasch

### Offertory Verse and Sentences

# Offertory Hymn

Langran

Hymn 58

James Langran, 1862



1. Wea - ry of earth, and la - den with my sin,  
2. The while I fain would tread the heav'n - ly way,  
3. It is the voice of Je - sus that I hear;  
4. 'Twas he who found me on the death - ly wild,  
5. O great Ab - sol - ver, grant my soul may wear  
6. Yea, thou wilt an - swer for me, right - eous Lord;



I look at heav'n and long to en - ter in,  
E - vil is ev - er with me day by day;  
His are the hands stretched out to draw me near,  
And made me heir of heav'n, the fa - ther's child,  
The low - liest garb of pen - i - tence and prayer,  
Thine all the mer - its, mine the great re - ward;



But there no e - vil thing may find a home:  
Yet on mine ears the gra - cious ti - dings fall:  
And his the blood that can for all a - tone,  
And day by day, where - by my soul may live,  
That in the Fa - ther's courts my glo - rious dress  
Thine the sharp thorns, and mine the gol - den crown;



And yet I hear a voice that bids me "Come."  
"Re - pent, con - fess, thou shalt be loosed from all."  
And set me fault - less there be - fore the throne.  
Gives me his grace of par - don, and will give.  
May be the gar - ment of thy right - eous - ness.  
Mine the life won, and thine the life laid down.

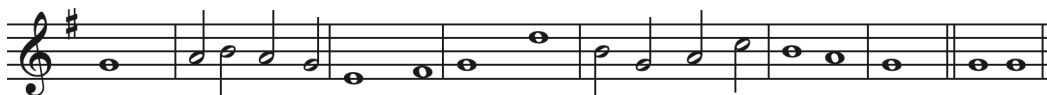
A - men.

Samuel J. Stone, 1866

## Doxology (Hymnal 139, 1st verse)



Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be - low;



Praise him above, ye heav'n-ly host: Praise Fa-ther, Son, and Ho-ly Ghost. A-men.

## Bidding Prayers

### Orate, Fratres

Celebrant: Brethren, pray that my sacrifice and yours may be acceptable to God the Father Almighty.

People: The Lord receive this sacrifice at thy hands, to the praise and glory of his Name; both to our benefit and that of all his holy Church. *Amen.*

## Prayer for the Whole State of Christ's Church

## General Confession

75

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

## Absolution

76

## The Comfortable Words

76

## Sursum Corda

76

*Priest* The Lord be with you. *All* And with thy spirit.

*Priest* Lift up your hearts

*All* We lift them up unto the Lord

*Priest* Let us give thanks unto our Lord God.

*All* It is meet and right so to do

## Preface

77

## Sanctus and Benedictus

Hymn 796  
John Merbecke, 1549

Ho - ly, Ho - ly, Ho - ly, Lord God of hosts,  
Heav'n and earth are full of thy glo-ry: Glo-ry be to thee, O Lord Most High.  
Bless-ed is he that com-eth in the Name of the Lord. Ho-san-na in the High-est.

## Prayer of Consecration

80

Celebrant: And now, as our Saviour Christ hath taught us, we are bold to say,  
**The Lord's Prayer**

Hymn 722  
Traditional, very ancient

Our Fa-ther, who art in hea-ven, Hal-low-ed be thy Name. Thy king-dom come.  
Thy will be done, On earth as it is in hea-ven. Give us this day our dai-ly bread.  
And for-give us our tres-pass-es, As we for-give those who tres-pass a-gainst us.  
And lead us not in-to temp-ta - tion, But de-liv-er us from e - vil.  
For thine is the king-dom, And the pow'r, and the glo-ry, for ev-er and ev - er.  
A - men. —

## The Fracture

### The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, grant us thy peace.

## Prayer of Humble Access

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### Communion of the Faithful

Celebrant: Behold the Lamb of God; behold Him that taketh away the sins of the world.

People: (3x) Lord, I am not worthy that thou shouldst come under my roof, but speak the word only and my soul shall be healed.

*For those attending in person, we have resumed the custom of kneeling or standing at the Altar Rail to Receive. Here are the various Ways of Receiving:*

1. *Receive the Host into your hands, or directly onto the tongue.  
Receive directly from the Chalice, guiding it gently by the base.*
2. *Receive by Intinction, receiving the Host into your hands and leaving it there; the Deacon will take it and dip it in the Chalice and place it onto your tongue.*
3. *You may receive only the Host of itself, either in your hands or on your tongue. Our Lord is equally present in either Form.*

*As a precaution and courtesy to others and for your own safety, we respectfully request that in the event you are not vaccinated against COVID-19 or are currently suffering from a cold or other communicable illness, please refrain from receiving from the Chalice.*

*For those attending remotely: Please take a moment of silence to realize the presence of Jesus Christ in your soul and make your spiritual communion.*

*In union, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood have been offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.*

*Grant, O Lord Jesus Christ, that as the hem of Thy garment, touched in faith, healed the woman who could not touch Thy Body, so the soul of Thy servant may be healed by like faith in Thee, Whom I cannot now sacramentally receive; through Thy tender mercy, Who livest and reignest with the Father in the unity of the Holy Ghost ever one God. Amen.*



## Communion Hymn

Lammas

Hymn 202, 2<sup>nd</sup> Tune

Arthur H. Brown, 1868



1. Draw nigh and take the Bo - dy of the Lord,  
 2. Saved by that Bo - dy and that ho - ly Blood,  
 3. Sal - va - tion's giv - er, Christ, the on - ly Son,  
 4. Of - fered was he for great - est and for least,  
 5. Ap - proach ye then with faith - ful hearts sin - cere,  
 6. He that his saints in this world rules and shields  
 7. With heav'n - ly bread makes them that hun - ger whole,  
 8. Al - pha and O - me - ga, to whom shall bow



And drink the ho - ly Blood for you out - poured.  
 With souls re - freshed, we ren - der thanks to God.  
 By his dear cross and blood the vic - tory won.  
 Him - self the Vic - tim, and him - self the Priest.  
 And take the pled - ges of sal - va - tion here.  
 To all be - lie - vers life e - ter - nal yields;  
 Gives li - ving wa - ters to the thirst - ing soul.  
 All na - tions at the doom, is with us now.

Bangor Antiphoner, c. 690; Tr. J. M. Neale, 1851, alt.

## Prayer of Thanksgiving

83

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of his most precious death and passion. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. *Amen.*

## Communion Verse and Post-Communion Prayers

### Dismissal

### Episcopal Blessing

Bishop: Blessed be the name of the Lord

People: From this time forth forever more.

Bishop: Our help is in the name of the Lord

People: Who hath made heaven and earth.

Bishop: The Peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the ✠Blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*

**Retiring Processional:**

Diademata

Hymn 352

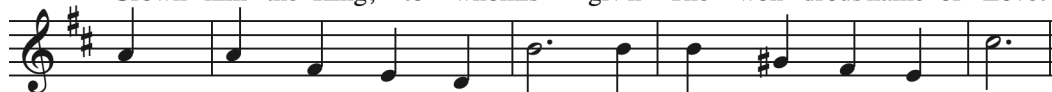
George J. Elvey, 1868



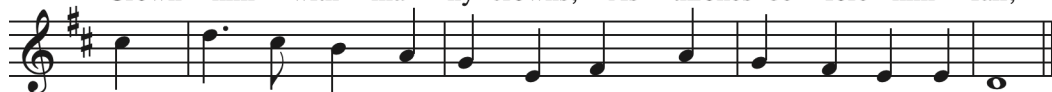
1. Crown him with ma - ny crowns, The Lamb up - on the throne;
2. Crown him the Son of God Be - fore the worlds be - gan,
3. Crown him the Lord of life, Who tri - umphed o'er the grave,
4. Crown him of lords the Lord, Who o - ver all doth reign,
5. Crown him the Lord of heav'n, En - throned in worlds a - bove;



Hark! how the heav'n - ly an - them drowns All mu - sic but its own:  
 And ye, who tread where he hath trod, Crown him the Son of man;  
 And rose vic - to - rious in the strife For those he came to save;  
 Who once on earth, the in - car - nate Word, For ran - somed sin - ners slain,  
 Crown him the King, to whom is giv'n The won - drous name of Love.



A - wake, my soul, and sing Of him who died for thee,  
 Who ev - 'ry grief hath known That wrings the hu - man breast,  
 His glo - ries now we sing Who died, and rose on high,  
 Now lives in realms of light, Where saints with an - gels sing  
 Crown him with ma - ny crowns, As thrones be - fore him fall,



And hail him as thy matchless King Through all e - ter - ni - ty.  
 And takes and bears them for his own, That all in him may rest.  
 Who died, e - ter - nal life to bring, And lives that death may die.  
 Their songs be - fore him day and night, Their God, Re - deem - er, King.  
 Crown him, ye kings, with ma - ny crowns, For he is King of all.

Matthew Bridges, 1851

**Announcements**

Celebrant

Assisting

Litanist

Epistoler

Lector

Crucifer and Acolyte

Acolyte-in-Training

Altar Guild

Zoom Wrangler

The Right Reverend Anthony F. Rasch

The Reverend Deacon John Yeager

Ken Kubo, Candidate for Holy Orders

Robert Jones

Tony Shehata

Robert Yeager

Gretchen Martin

Landon Melamed

The Midweek Mass will be celebrated on Wednesday at 10 am (St. Gregory the Great).

Happy Birthday!

Robert Alexander (15 Mar)

56th Ordination Anniversary to Priesthood Bp. Rasch (11 Mar)

The Vestry meets following the Coffee Fellowship.

### **Lenten Wednesday Evenings**

Our thanks to Gretchen Martin for hosting the third Wednesday Evening in Lent study session and to all who brought items for our potluck supper. We will meet for two more Wednesdays (March 13 and 20<sup>th</sup>). Evenings will begin at 6 pm with Evening Prayer (be sure to bring your Book of Common Prayer and a Bible) followed by a potluck supper, after which we will continue with our study of the book *The Women of the Bible Speak*. Beth Kubo will host our fourth evening, Nancy Eisenhart will host the final evening.