

St. Mary the Virgin Anglican Catholic Parish

Oakwood Memorial Park • 22607 Lassen Street
Chatsworth, California 91311 (747) 755-8498
<http://www.stmaryanglican.org>
The Right Reverend Anthony F. Rasch, Rector
The Rev. Deacon John Yeager, Assisting

The Fourth Sunday in Lent Laetare Sunday 15 March 2026

High Mass with Litany

The Litany or General Supplication

BCP 54

<http://www.stmaryanglican.org/news/wp-content/uploads/2022/03/Litany.pdf>

Processional (Asperges)

Hymn 55

Heinlein

M.H. in *Nürnbergisches Gesangbuch*, 1676



1. For - ty days and for - ty nights Thou wast fast - ing in the wild;
2. Shall not we thy sor - row share And from world - ly joys ab - stain,
3. Then if Sa - tan on us presss, Flesh or spi - rit to as - sail,
4. So shall we have peace di - vine: Ho - lier glad - ness our shall be;
5. Keep, O keep us, Sa - viour dear, Ev - er con - stant by thy side;



For - ty days and for - ty nights Tempt - ed, and yet un - de - filed. A - men.
Fast - ing with un - ceas - ing prayer, Strong with thee to suf - fer pain?
Vic - tor in the wil - der - ness, Grant we may not faint nor fail!
Round us, too, shall an - gels shine, Such as min - is - tered to thee.
That with thee we may ap - pear At the e - ter - nal Eas - ter - tide.

George Hunt Smyttan, 1856, alt.

Introit

Collect for Purity

BCP 67

Summary of the Law

69

Kyrie Eleison

Hymn 702

John Merbecke, 1549



Lord, have mer - cy up - on us. Christ, have mer - cy up - on us. Lord, have mer - cy up - on us.

Collect for the Fourth Sunday in Lent

130

GRANT, we beseech thee, Almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved; through our Lord and Saviour Jesus Christ. *Amen.*

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen.*

The Lesson***Ezekiel 39:25-29***

Therefore thus saith the Lord God; Now will I bring again the captivity of Jacob, and have mercy upon the whole house of Israel, and will be jealous for my holy name; After that they have borne their shame, and all their trespasses whereby they have trespassed against me, when they dwelt safely in their land, and none made them afraid. When I have brought them again from the people, and gathered them out of their enemies' lands, and am sanctified in them in the sight of many nations; Then shall they know that I am the Lord their God, which caused them to be led into captivity among the heathen: but I have gathered them unto their own land, and have left none of them any more there. Neither will I hide my face any more from them: for I have poured out my spirit upon the house of Israel, saith the Lord God.

Benedic, anima mea

Psalm ciii

BCP 29

Praise the LORD, O my soul; * and all that is within me, praise his holy Name.

Praise the LORD, O my soul, * and forget not all his benefits:

Who forgiveth all thy sin, * and healeth all thine infirmities;

Who saveth thy life from destruction, * and crowneth thee with mercy and loving-kindness.

O praise the LORD, ye angels of his, ye that excel in strength; * ye that fulfil his commandment, and hearken unto the voice of his word.

O praise the LORD, all ye his hosts; * ye servants of his that do his pleasure.

O speak good of the LORD, all ye works of his, in all places of his dominion: * praise thou the LORD, O my soul.

Celebrant: Glory be to the Father, and to the Son, and to the Holy Ghost;

All: As it was in the beginning, is now, and ever shall be, world without end. *Amen.*

The Epistle***Galatians 4:21-31***

130

BRETHREN: Tell me, ye that desire to be under the law, do ye not hear the law? For it is written, that Abraham had two sons, the one by a bondmaid, the other by a freewoman. But he who was of the bondwoman was born after the flesh; but he of the freewoman was by promise. Which things are an allegory: for these are the two covenants; the one from the mount Sinai, which gendereth to bondage, which is Agar. For this Agar is mount Sinai in Arabia, and answereth to Jerusalem which now is, and is in bondage with her children. But Jerusalem which is above is free, which is the mother of us all. For it is written, Rejoice, thou barren that bearest not: break forth and cry, thou that travailest not: for the desolate hath many more children than she which hath an husband. Now we, brethren, as Isaac was, are the children of promise. But as then he that was born after the flesh persecuted him that was born after the Spirit, even so it is now. Nevertheless what saith the scripture? Cast out the bondwoman and her son: for the son of the bondwoman shall not be heir with the son of the freewoman. So then, brethren, we are not children of the bondwoman, but of the free.

Gradual and Tract



Glo - ry be to thee, O Lord.

AT that time: Jesus went over the sea of Galilee, which is the sea of Tiberias. And a great multitude followed him, because they saw his miracles which he did on them that were diseased. And Jesus went up into a mountain, and there he sat with his disciples. And the passover, a feast of the Jews, was nigh. When Jesus then lifted up his eyes, and saw a great company come unto him, he saith unto Philip, Whence shall we buy bread, that these may eat? And this he said to prove him: for he himself knew what he would do. Philip answered him, Two hundred pennyworth of bread is not sufficient for them, that every one of them may take a little. One of his disciples, Andrew, Simon Peter's brother, saith unto him, There is a lad here, which hath five barley loaves, and two small fishes: but what are they among so many? And Jesus said, Make the men sit down. Now there was much grass in the place. So the men sat down, in number about five thousand. And Jesus took the loaves; and when he had given thanks, he distributed to the disciples, and the disciples to them that were set down; and likewise of the fishes as much as they would. When they were filled, he said unto his disciples, Gather up the fragments that remain, that nothing be lost. Therefore they gathered them together, and filled twelve baskets with the fragments of the five barley loaves, which remained over and above unto them that had eaten. Then those men, when they had seen the miracle that Jesus did, said, This is of a truth that prophet that should come into the world.



Praise - be to thee, O Christ.

Nicene Creed

I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man: And was crucified also for us under Pontius Pilate; He suffered and was buried: And the third day he rose again according to the Scriptures: And ascended into heaven, And sitteth on the right hand of the Father: And he shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father and the Son; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism for the remission of sins: And I look for the Resurrection of the dead: And the Life of the world to come. *Amen.*

Announcements

Sermon Hymn
Rockingham

Hymn 337
Arr. by Edward Miller, 1790



1. When I sur - vey the won - drous cross Where the young
2. For - bid it, Lord, that I should boast, Save in the
3. See, from his head, his hands, his feet, Sor - row and
4. Were the whole realm of na - ture mine, That were an



Prince of Glo - ry died, My rich - est gain I
cross of Christ, my God: All the vain things that
love flow min - gled down! Did e'er such love and
off - 'ring far too small; Love so a - maz - ing,



count but loss, And pour con - tempt on all my pride.
charm me most, I sac - ri - fice them to his blood.
sor - row meet, Or thorns com - pose so rich a crown?
so di - vine, De - mands my soul, my life, my all.

Isaac Watts, 1707

Sermon

The Rt. Rev. A. F. Rasch

Offertory Verse and Sentences

Offertory Hymn

St. Patrick

Hymn 268

Traditional Irish Melody



1. I bind un - to___ my - self___ to - day___ The strong Name
 2. I bind this day___ to me___ for___ ev - er, By pow - er of
 3. I bind un - to___ my - self___ the___ pow - er Of the___ great
 4. I bind un - to___ my - self___ to - day___ The vir - tues
 5. I bind un - to___ my - self___ to - day___ The pow - er of



of___ the Tri - ni - ty, By in - vo - ca - tion
 faith, Christ's In - car - na - tion; His bap - tism___ in___ the
 love___ of cher - u - bim; The sweet___ "Well done" in
 of___ the star - lit heav'n, The glo - rious sun's___ life -
 God___ to hold and lead, His eye___ to___ watch, his



of the same,___ The___ Three in___ One,___ and One in Three.
 Jor - dan riv - er; His___ death on___ cross___ for my sal - va - tion;
 judg - ment hour;___ The___ ser - vice of___ the ser - a - phim;
 giv - ing ray,___ The___ white - ness of___ the moon at even,
 might to stay,___ His___ ear to___ heark - en to my need;



2. His burst - ing from the___ spi - ced tomb; His ri - ding
 3. Con - fess - ors' faith, a - pos - tles' word, The pa - triarchs'
 4. The flash - ing of the___ light - ning free, The whirl - ing
 5. The wis - dom of my___ God to teach, His hand to



up___ the heav'n - ly way; His com - ing___ at___ the
 prayers, the pro - phets' scrolls; All good___ deeds done___ un -
 wind's___ temp - pes - tuous shocks, The sta - ble___ earth,___ the
 guide,___ his shield to ward; The word___ of___ God___ to



day of doom: I___ bind un - to___ my - self___ to - day.
 to the Lord,___ And pu - ri - ty___ of vir - gin souls.
 deep salt sea,___ A - round the___ old___ e - ter - nal rocks.
 give me speech, His___ heav'n - ly___ host___ to be my guard.



6. Christ be with me, Christ with - in me, Christ be - hind me, Christ be - fore me,
Christ be - neath me, Christ a - bove me, Christ in qui - et, Christ in dan - ger,



Christ be - side me, Christ to win me, Christ to com - fort and re - store me,
Christ in hearts of all that love me, Christ in mouth of friend and stran - ger.



7. I bind un - to ___ my - self ___ the ___ Name, The strong Name of ___ the



Tri - ni - ty; By in - vo - ca - tion of the same, The ___



Three in ___ One, ___ and One in Three. Of whom all na - ture ___



hath cre - a - tion; E - ter - nal Fa - ther, Spi - rit, Word: Praise to ___ the ___



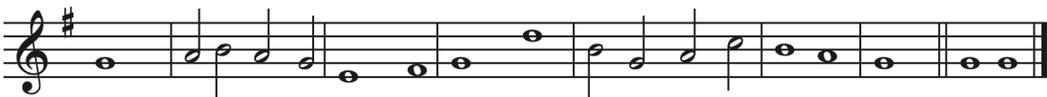
Lord of my sal - va - tion, Sal - va - tion ___ is ___ of Christ the Lord. A - men.

St. Patrick, 372-466; Tr. Cecil Frances Alexander, 1889

Doxology (Hymnal 139, 1st verse)



Praise God, from whom all bless - ings flow; Praise him, all crea - tures here be - low;



Praise him above, ye heav'n - ly host: Praise Father, Son, and Ho - ly Ghost. Amen.

Bidding Prayers

Orate, Fratres

Celebrant: Brethren, pray that my sacrifice and yours may be acceptable to God the Father Almighty.

People: The Lord receive this sacrifice at thy hands, to the praise and glory of his Name; both to our benefit and that of all his holy Church. *Amen.*

Prayer for the Whole State of Christ's Church

General Confession

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

Absolution

The Comfortable Words

Sursum Corda

The *Priest* Lord be *All* with you. And with thy spi - rit.

Priest Lift up your hearts

All We lift them up un - to the Lord

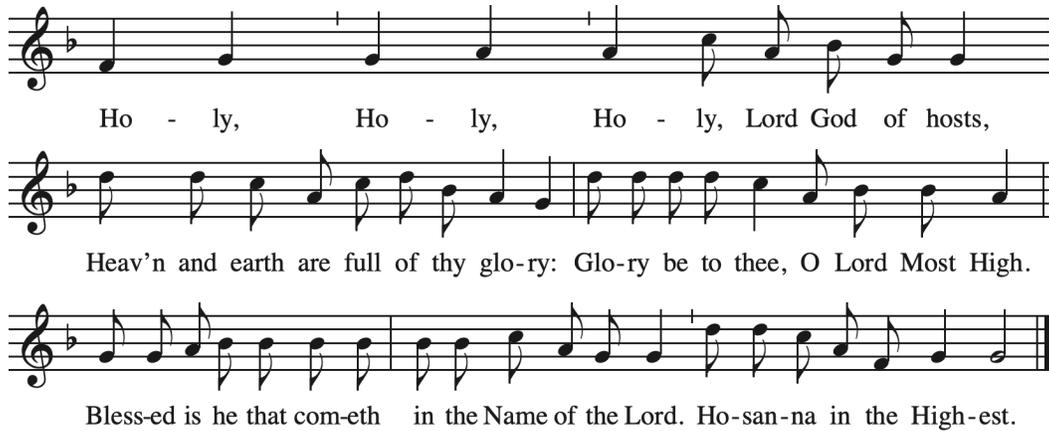
Priest Let us give thanks un - to our Lord God.

All It is meet and right so to do

Preface of Lent

Sanctus and Benedictus

Hymn 796
John Merbecke, 1549



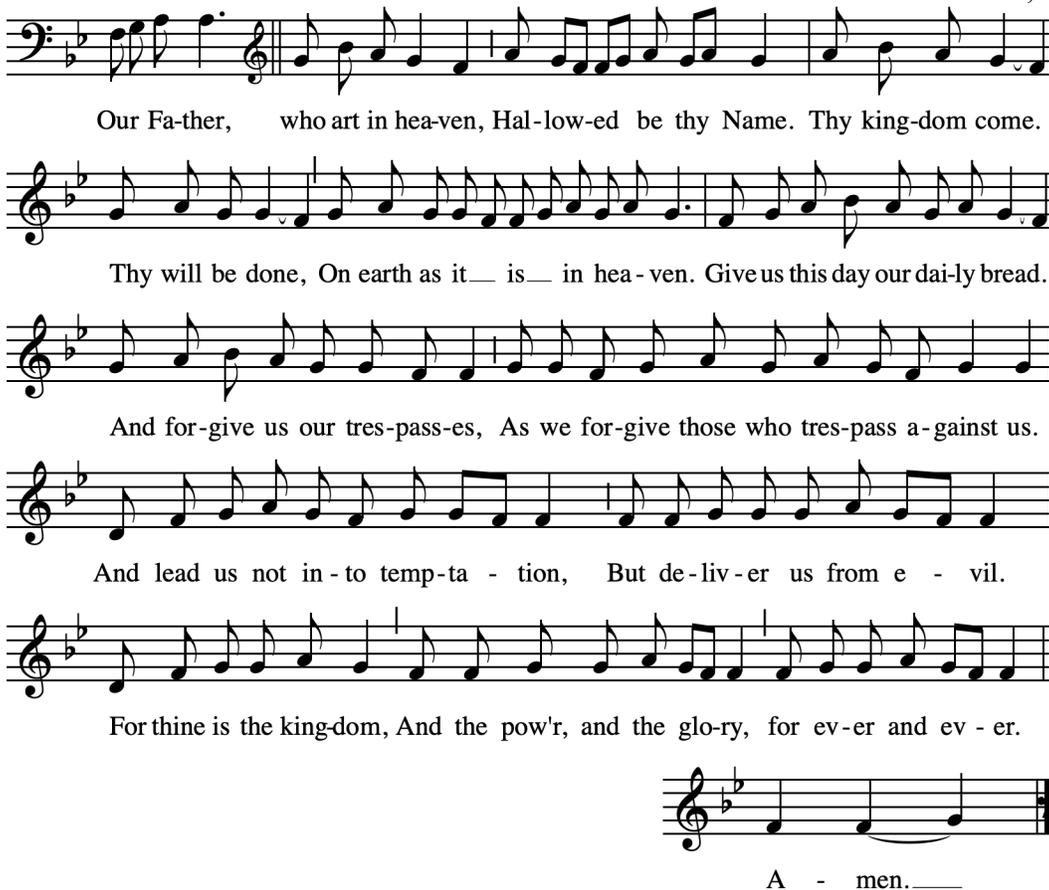
Ho - ly, Ho - ly, Ho - ly, Lord God of hosts,
Heav'n and earth are full of thy glo-ry: Glo-ry be to thee, O Lord Most High.
Bless-ed is he that com-eth in the Name of the Lord. Ho-san-na in the High-est.

Prayer of Consecration

80

Celebrant: And now, as our Saviour Christ hath taught us, we are bold to say,
The Lord's Prayer

Hymn 722
Traditional, very ancient



Our Fa-ther, who art in hea-ven, Hal-low-ed be thy Name. Thy king-dom come.
Thy will be done, On earth as it is in hea-ven. Give us this day our dai-ly bread.
And for-give us our tres-pass-es, As we for-give those who tres-pass a-gainst us.
And lead us not in-to temp-ta - tion, But de-liv-er us from e - vil.
For thine is the king-dom, And the pow'r, and the glo-ry, for ev-er and ev - er.
A - men. —

The Fracture

The Peace

Celebrant: The peace of the Lord be always with you.
People: And with thy spirit.



O Lamb of God, that ta-kest a - way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that ta-kest a-way the sins of the world, grant us thy peace.

Prayer of Humble Access

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By traditional use, prayed by the Priest on behalf of all who will receive. By St. Mary's usage, the congregation may join in praying aloud:

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. *Amen.*

Communion Verse

Communion of the Faithful

Celebrant: Behold the Lamb of God; behold Him that taketh away the sins of the world.

People: (3x) Lord, I am not worthy that thou shouldst come under my roof, but speak the word only and my soul shall be healed.

For those attending in person, we have resumed the custom of kneeling or standing at the Altar Rail to Receive. Here are the various Ways of Receiving:

1. *Receive the Host into your hands, or directly onto the tongue.
Receive directly from the Chalice, guiding it gently by the base.*
2. *Receive by Intinction, receiving the Host into your hands and leaving it there; the Deacon will take it and dip it in the Chalice and place it onto your tongue.*
3. *You may receive only the Host of itself, either in your hands or on your tongue. Our Lord is equally present in either Form.*

As a precaution and courtesy to others and for your own safety, we respectfully request that in the event you are currently suffering from a cold or other communicable illness, please refrain from receiving from the Chalice.

For those attending remotely: Please take a moment of silence to realize the presence of Jesus Christ in your soul and make your spiritual communion.

In union, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood have been offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart.

I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.

Grant, O Lord Jesus Christ, that as the hem of Thy garment, touched in faith, healed the woman who could not touch Thy Body, so the soul of Thy servant may be healed by like faith in Thee, Whom I cannot now sacramentally receive; through Thy tender mercy, Who livest and reignest with the Father in the unity of the Holy Ghost ever one God. Amen.

Communion Hymn

Lammas

Hymn 202, 2nd Tune

Arthur H. Brown, 1868



1. Draw nigh and take the Bo - dy of the Lord,
 2. Saved by that Bo - dy and that ho - ly Blood,
 3. Sal - va - tion's giv - er, Christ, the on - ly Son,
 4. Of - fered was he for great - est and for least,
 5. Ap - proach ye then with faith - ful hearts sin - cere,
 6. He that his saints in this world rules and shields
 7. With heav'n - ly bread makes them that hun - ger whole,
 8. Al - pha and O - me - ga, to whom shall bow



And drink the ho - ly Blood for you out - poured.
 With souls re - freshed, we ren - der thanks to God.
 By his dear cross and blood the vic - tory won.
 Him - self the Vic - tim, and him - self the Priest.
 And take the pled - ges of sal - va - tion here.
 To all be - lie - vers life e - ter - nal yields;
 Gives li - ving wa - ters to the thirst - ing soul.
 All na - tions at the doom, is with us now.

Bangor Antiphoner, c. 690; Tr. J. M. Neale, 1851, alt.

Prayer of Thanksgiving

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By traditional use, prayed by the Priest. By St. Mary's usage, the congregation may join in praying aloud:

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of his most precious death and passion. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. *Amen.*

Post-Communion Prayers

Dismissal

Episcopal Blessing

Bishop: Blessed be the name of the Lord
 People: From this time forth forever more.
 Bishop: Our help is in the name of the Lord

People: Who hath made heaven and earth.

Bishop: The Peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the ✠Blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*

The Last Gospel (*may be said here*)

Celebrant: ✠The Continuation of the Holy Gospel according to John.

People: Glory be to thee, O Lord.

St. Matthew 2:1-12

108

WHEN Jesus was born in Bethlehem of Judaea, in the days of Herod the king, behold, there came wise men from the east to Jerusalem, saying, Where is he that is born King of the Jews? for we have seen his star in the east, and are come to worship him. When Herod the king had heard these things, he was troubled, and all Jerusalem with him. And when he had gathered all the chief priests and scribes of the people together, he demanded of them where Christ should be born. And they said unto him, In Bethlehem of Judaea: for thus it is written by the prophet, And thou Bethlehem, in the land of Juda, art not the least among the princes of Juda: for out of thee shall come a Governor, that shall rule my people Israel. Then Herod, when he had privily called the wise men, enquired of them diligently what time the star appeared. And he sent them to Bethlehem, and said, Go and search diligently for the young child; and when ye have found him, bring me word again, that I may come and worship him also. When they had heard the king, they departed; and, lo, the star, which they saw in the east, went before them, till it came and stood over where the young child was. When they saw the star, they rejoiced with exceeding great joy. And when they were come into the house, they saw the young child with Mary his mother, and fell down, and worshipped him: and when they had opened their treasures, they presented unto him gifts; gold, and frankincense, and myrrh. And being warned of God in a dream that they should not return to Herod, they departed into their own country another way.

People: Thanks be to God.

Retiring Processional:

Hanover

Hymn 288

William Croft, 1708



1. O wor - ship the King, all glo - rious a - bove!
 2. O tell of his might! O sing of his grace!
 3. The earth, with its store of won - ders un - told,
 4. Thy boun - ti - ful care, what tongue can re - cite?
 5. Frail chil - dren of dust, and fee - ble as frail,



O grate - ful - ly sing his power and his love!
 Whose robe is the light, whose can - o - py space.
 Al - migh - ty, thy power hath found - ed of old,
 It breathes in the air; it shines in the light;
 In thee do we trust, nor find thee to fail;



Our shield and de - fend - er, the An - cient of Days,
 His cha - riots of wrath the deep thun - der - clouds form,
 Hath 'sta - blished it fast by a change - less de - cree,
 It streams from the hills; it de - scends to the plain,
 Thy mer - cies, how ten - der! how firm to the end!



Pa - vil - ioned in splen - dor, and gird - ed with praise. A - men.
 And dark is his path on the wings of the storm.
 And round it hath cast, like a man - tle, the sea.
 And sweet - ly dis - tils in the dew and the rain.
 Our Ma - ker, De - fend - er, Re - deem - er, and Friend!

Robert Grant, 1833; based on Psalm 104

Announcements

Celebrant	The Right Reverend Anthony F. Rasch
Assisting	The Reverend Deacon John Yeager
Litanist and Lector	Ken Kubo, Candidate for Holy Orders
Epistoler	Robert Jones
Acolytes	Tony Shehata, Robert Yeager, Evan Sears
Altar Guild	Beth Kubo
Zoom Wrangler	Landon Melamed

The Midweek Mass will be on Wednesday at 10 am (St. Joseph, transferred from the 19th).

Happy Birthday!
Robert Alexander (15 March)

On Rose Sunday in Lent, flowers are permitted at the Altar.

Lenten Wednesday Study is now meeting at the new time of 6:30 p.m. We will meet at **Gretchen Martin's** home. On Wednesday, March 25th we will meet at Beth Kubo's home.
 Also: If you plan on Attending this Wednesday or on the final meeting, please list your name at the bottom of the Sign Up next to the refrigerator. Thank you!
 Our Sessions begin with Evening Prayer, so be sure to bring your Prayer Book.

We are studying *The Miracles Among Us* by Dr. Marc Siegel. Dr. Siegel is a senior medical analyst for Fox News, a professor of medicine and practicing internist. His book is in hard cover only at \$29.99 + tax through Barnes and Noble or through Amazon. Hard cover copies for \$24.88 (tax included) are also available from 'Better World Books' at Email: info@betterworldbooks.com

Additional Note: At St. Mary's all who have been reading this book have been inspired by it. Now you know why we selected this book for our Lenten study!

The First Quarter Missionary Box Offering will be collected beginning on the Last Sunday of March, being the 29th, Palm Sunday.